

The Sandscript

The American Association of University Women



AAUW's mission is to advance equity for women and girls with the foundational belief that economic empowerment is essential for gender equity.

November 2025



Our November In-Person Meeting

- **Date:** November 15, 2025
- **Time:** 2pm-4pm
- **Place:** **Sentara** Virginia Beach General Hospital
Health Education Center
1060 First Colonial Road, Virginia Beach, VA 23454



Brittany Walker
VOLUNTEER COORDINATOR

The next Virginia Beach Branch meeting will feature guest speaker, Brittany Walker, the volunteer Coordinator for [PiN Ministry](#). She will give the Branch an overview of the PiN's activities, which are based on their four pillars: Medical, Housing, Training, and Recovery.

The Branch has been donating our Pennies for Prescriptions to PiN to support their free health care services to the homeless population. This opportunity to hear from Walker “first-hand” will give us a platform to learn more about the mission

and services available to the VA Beach homeless, including how we can get more involved with its efforts

Please join us in learning about yet another way our community is served through the efforts of a local organization.

At this meeting, we will also be **collecting donations from all of you for our baskets**, which we raffle at our holiday luncheon! Our basket themes will be: *Wine, spa, kitchen, books, gardening, teas/coffees and chocolate*. Please buy a few things and bring them to the November meeting. If you just cannot come to our meeting, call Sally to arrange a pick-up.

Then, come to the banquet and try to win one! This is a great way to support our scholarship fund!!!!

By the way—we are still looking for three volunteers to help Chris Medlin in this basket-making endeavor. It is a fun, time-limited activity! We need someone to collect the donations at our November meeting, take these donations to Chris on Saturday, November 22 for the basket-making party, and then help deliver the baskets to our holiday luncheon.



This is a fun, time-limited activity. Please don't miss the chance to be a part of a joyful activity. Don't walk, run to the phone or email Sally D. and let her know you are willing to help!

President's Message



I'm going to begin by "stealing" a thought: "Your voice matters, and this is your moment to use it." (Rev. Dr. LaKeisha Cook in the Virginia Interfaith Center's Weekly Roundup, October 29, 2025). I'll add to her sentiment by saying that joining your voice with others is a way to give it more power. Luckily for us, we have a group of strong women who know how to use power!

AAUW has been a powerful voice for justice since 1881, fighting for women's rights in education, in the workplace and in society. Our local branch has been such a force locally: from programming that informs members about important issues of the day to focusing our power to address those issues.

We have provided books to children, scholarships to women returning to college and money for prescriptions to community members who cannot afford health care. We have registered voters and have sponsored programs for girls to learn about STEM careers. And, much, much more!



Just in the past month, we have joined with the [League of Women Voters](#) to take stand on the local referendum and have been a non-partisan presence at the polls.

We have sponsored the showing of “Iron Jawed Angels” to stress the importance of voting.

And at least four of us went to the No Kings protest with signs highlighting our support of democracy.

We have been busy. Come, be busy with us. Find your voice; find your power. Start by coming to our in-person meeting on Saturday, November 15!

Sally Daniel 
President, Virginia Beach AAUW



Telling the World Who We Are!

And the winner is...Jeanette Olson.  She came up with the winning slogan for our sticker! (and she won a FABULOUS prize!). Thank you all for participating in our contest!

Every entry was wonderful. And thank you, Dana, for coming up with this great idea!



You can put them on your water bottles, phones or shirts! *Get yours at our November meeting!*

AAUW Merchandise for Sale – Shop, Support, Spark Change Telling the World Who We Are: Part 2!



A store has been established that you can visit to buy AAUW merchandise, including our POPULAR T-SHIRTS!! . Look at these women rocking our shirts! You can join this “in crowd” by ordering your shirt and then wearing it with pride!

Click [here](#) or scan the bar code that will lead to the AAUW Products website-check out all the other products available to show your AAUW pride!! The holiday is right around the corner, why wait to shop?



Please keep in mind when ordering that there are items that are Unisex, and these items are going to be larger and boxier than a woman's style.

When you wear or use these branded items, you show your support for and spread awareness of AAUW's mission.

Also, every purchase you make goes directly to the AAUW Greatest Needs Fund which provides resources, support, and opportunities for women and girls.

And you have a choice of long sleeve or short sleeve with a choice of colors! Don't miss the exuberant joy of sporting your AAUW love and support!

A black and white line drawing of a winged figure, possibly an angel or a personification of a celestial body, holding a long stick with a star at the end. The figure is wearing a long, flowing robe and has large, feathered wings. The star is depicted with radiating lines, suggesting it is shining brightly.

A festive holiday luncheon invitation for AAUW-VB. The background is a solid light green color. The corners and edges are decorated with stylized floral and leaf patterns in shades of red, pink, and white. The text is centered and uses a mix of brown and red colors. The main title is in a large, red, hand-drawn font. The date and time are in a smaller, brown, sans-serif font. The venue and address are in a medium-sized, brown, sans-serif font. The cost is in a medium-sized, brown, sans-serif font. The RSVP information is in a small, red, sans-serif font at the bottom.

WE INVITE YOU TO A JOLLY HOLLY

AAUW-VB

HOLIDAY

LUNCHEON

December 13, 2025 | 12 Noon

Forbidden Palace Chinese Bar & Bistro

3333 Virginia Beach Blvd, Virginia Beach, VA 23452

Cost \$39 per person

RSVP VIA SIGN UP GENIUS LINK
CONTACT TAMMIE RICE FOR MORE INFORMATION



The cost is \$39 per person (Includes appetizers, main entree, dessert and drink, plus gratuity-wow! What a bargain! 😊)



Payments can be given to Tammie Rice at the next Branch Meeting or sent via mail to her at 1010 Barnacle Court, Virginia Beach ,VA 2345.



RSVP via Sign Up Genius [here](#)



For any questions or concerns, please contact email here.

An Invitation from the League of Women Voters: Dinner & Movie



Got any plans for Wednesday November 12? No? Well, now you do!

The League of Women Voters has invited us to join them for a dinner and a movie night! The feature documentary film is “The Librarians, directed and produced by Kim A. Snyder, an Oscar-nominated and Peabody award-winning filmmaker and producer. The film will be shown at Naro Expanded Cinema followed by dinner at No Frill Bar and Grill-only a

one block walk away!

This is a “must-see” documentary about how librarians have responded to recent book-banning activities. The movie highlights librarians emerging as first responders in the fight for democracy and our First Amendment Rights.”

Let’s join them for an amazing time! Call Sally if you plan to come to one or both parts of this event.

Don’t’ forget invite your librarian friends! (and spouses, significant others, etc.)



Dinner Time: 5:15 pm

→ [No Frill Bar and Grill](#): 806 Spotswood Ave, Norfolk, VA 23517
▪ Phone:(757) 627-4262



Movie Time: 7:15 pm

→ [Naro Expanded Cinema](#): 1507 Colley Ave, Norfolk, VA 23517

Watch the movie trailer here: [THE LIBRARIANS | Official Trailer \(2025\)](#)



AAUW Movie Feedback: Iron Jawed Angels



The October 18, 2025 free showing of [Iron Jawed Angels](#) at [WHRO](#) was a hit with the 32 people who came to WHRO on October 18.

We were able to provide this educational/entertaining evening with the mini grant awarded by the State AAUW. Although we did not attract as many students as we had hoped (and we REALLY tried), the evaluations of the event were very positive.

We received written evaluations from 24 attendees.



Thirty-three percent of these attendees said that they knew nothing and or something about AAUW before attending.



Seventy-one percent said that they earned “a lot” about women’s suffrage.

And everyone said that they would recommend this film to others!

The following are comments expressed to us about the film:

- ❖ Good job, AAUW, VB!
- ❖ Please keep showing this (and other human rights) film around the country and world. We need to be reminded of how far we have come and be inspired to press forever forward.
- ❖ What a powerful movie!
- ❖ Thanks for all you do!
- ❖ Thank you for the movie. I hadn’t seen it, and it was pretty well done. I did not know about Occuquan.
- ❖ Movie was hard to watch but worth it.
- ❖ It’s been worth it.
- ❖ I enjoyed the film. Well done!!
- ❖ Thanks for a great event
- ❖ Great movie! Thanks. I did early vote! I will keep on!
- ❖ Excellent—worth my time, energy
- ❖ Excellent film. Dedication = Results
- ❖ Great program. Thank you
- ❖ This a great film that explains women’s suffrage very nicely.



Thank you to the members who made this happen: Ginny Warner (who got us the venue); Kathleen Stasulis, Carole Szetela and Tammie Mullins-Rice (for set up); and Barbara Woodlee (for excellent popcorn-popping skills!)

Literary Lunchers Book Group



The Literary Lunchers Book Group (LLBG) reads a book a month from September – May. In June, we choose the books for the next year.

The meetings are generally held at members' homes on the second Wednesday of the month at 12:30p.m.

However, there may be changes to the meeting day or time based on because of members' availability. The hosting member supplies drinks and dessert (s); members bringing their "main entrée" (usually a sandwich).

We try to split the books read evenly between fiction and non-fiction, but usual norm has been a more fiction, but we do often read classics! (i.e. The Great Gatsby, Frankenstein, To Kill A Mockingbird)

Want to check us out, but have no time to read the book? That's fine, we don't really care if you've read the book. ☺

Please notify Jacque Dessino via email at jdessino@mmdva.com or call (757) 630-9276, if you plan to attend or just want to be added to the list for information about the book group.

LLBG Scheduled Meetings

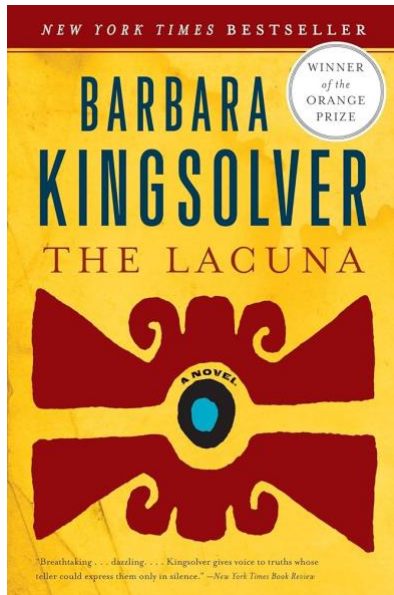


Here's the list of meetings for the fall. *All meetings are 12:30p.m. unless notified differently:*

- **November 12:** [James by Percival Everett.](#)
 - **Reviewer:** Jacque Dessino
 - **Hostess:** Jane Martin
- **December 10:** Lunch get-together. No book



Adelante Book Group Meeting



Date: December 3, 2025



Book: [The Lacuna by Barbara Kingsolver](#)

For more information about the book group and details about the meeting, please email Dana Henning danahenning0@gmail.com



Membership Matters

AAUW's 2025 Strategic Plan: Empowering Equity Through Education

AAUW's [2025 Strategic Plan](#) is a bold blueprint reaffirming our commitment to advancing equity for women and girls through higher education and inclusive policy advocacy.

Note Our Meeting Schedule for the Year



To attend ANY of our "zoom meetings," go to <https://us02web.zoom.us/j/84560350908?pwd=dGJ1h916dooBrsEKdaEyZASaHsk9pF.1>



Meeting ID: 845 6035 0908 **Passcode:** 601019

NOTE OUR MEETING SCHEDULE FOR THE YEAR



Saturday, November 15, 2025

- In person at 2pm



Saturday, December 13, 2025

- Holiday luncheon @ [Forbidden Palace Chinese Bar and Bistro](#)



Thursday, January 15, 2026

- Zoom meeting at 7pm



Saturday, Feb. 21.

- In person meeting at 2pm



Thursday, March 19.

- Zoom meeting at 7pm



Saturday, April 18.



- In person meeting at 2pm

No meeting in May, but the Spring banquet is on May 16

VB AAUW Bakers Corner

Hey AAUW Members-do you have a family recipe or even recipe LOVE that you'd like to share? Or better yet, do you have your own creative recipe that "hands down" has family members literally, "kicking and screaming" asking you, "How do you make that?" or fighting for the last piece? Here is your chance to share with your AAUW Sisters!



And now to kick-off fall season, here is my friend Brooklyn, NY friend, Michael's "Ginger Crack Cookies."

Ginger Crack Cookies

- 4 cups of sugar
- 1 ½ cups butter
- 1 cup molasses
- 4 eggs
- 6 cups of flour
- 4 teaspoons of baking soda
- 4 teaspoons of cinnamon
- 4 teaspoons of ginger
- 4 teaspoons of cloves

Mix the sugar, butter, molasses and egg well. Stir in flour, baking soda, cinnamon, ginger and cloves. Bake the 8-12 minutes at 325°F. (when done the center will be soft)

I usually add more spices; cardamom, cloves, whatever you like as well [but that is my choice!]. You can cut the recipe in 1/2 or 1/4 too. ENJOY!!! 😊

Virginia Beach AAUW Supporting Democracy



Virginia Beach Branch of AAUW demonstrated along with other people in support of American Democracy on October 18, 2025. Though only four members were present, the enthusiasm and comradery with others present felt 100times strong!

Membership Renewals!



◇ Online: Click [HERE](#) to enter and confirm a new password and access your **Personal Snapshot**. *Click forgot password if you have never done this before.*

◇ In your **Personal Snapshot**, click the **RENEW** button at the bottom of the screen to update your profile and renew your *AAUW NATIONAL*, *BRANCH* and *STATE* memberships!

◇ Please send a check to Tammie Mullins Rice
(payable to *AAUW Virginia Beach!*)



1010 Barnacle Court, Virginia Beach, VA 23451



Nannette Huff 10/30

Lee Ellen Knight 06/25

June Lam 10/25

Alana Kronenburg 07/25

Jane Martin 10/25

Barbara Paige 07/25

Arlene Ney 06/25

Sally Pattison-Cisna 06/25

Daisy Smith 10/25

Carole Szetela 06/25



If you have any issues or question about renewal, please call Tammie (757) 630-7097 or email her Tammieammieaaauw@gmail.com



A Friendly Note from Chris Medlin Regarding children's Books

Think about taking a clear Autumn day and check out your local book exchange or thrift stores. The bargains are terrific on gently used books for kids that we donate to the [REACH program](#).



Tell your friends about the project and enlist their help. For as little as the price of a sandwich you can help circulate books with all kinds of themes, especially DEI, into the hands of children hungry to read. You can also write Chris a check in any amount, and she will shop for you. No amount too small!

Another Way To Help

Pennies for Prescriptions: started in 2003, this all-time favorite project has gleaned thousands of dollars of medication support for local families, many of whom are headed by single mothers.

Do consider collecting spare change to contribute to this worthy project. Last January a group of us gathered for a penny rolling potluck. Coins, found in a house about to be sold, came from years of collecting and it boosted our contribution, so check those sofa cushions, glove boxes and coat pockets.



Thank you for your continuing generosity! 🍷

Happy Birthday! We're Glad You Were Born!!



Sandra Brandt 11/7



Linda Love 11/14



Virginia Werner 11/8



Barbara Woodlee 11/6

Got Any Free Time to Spare? Want to Make a Difference?



Basket Fillers: Assist in making the baskets lovely at the basket-filling party. This may be too much fun for some people. Must be able to discern like-basket items (i.e. wine basket, chocolate basket, spa basket—you get the drift.

Hospitality: We all expect to have something munchy and something to drink at our in-person meetings. We need to have someone coordinate this function. You may supply the snacks OR pass a sign-up sheet around to

have people volunteer to bring either snacks or drinks to the next in-person meeting. Then, you have to call your volunteers a couple of days before the meeting to remind them what they volunteered to bring.

New Activities Instigator: What do you wish our Branch would do? What about a dining out club? Every month, you could pick a (woman-owned?) restaurant and invite your AAUW sisters to dine together or create a games night or whatever you want.

To volunteer for any of these fun positions, please talk to Sally Daniel!

Purpose of the AAUW

AAUW's mission to advance equity for women and girls hinges on the foundational belief that economic empowerment is essential for gender equity. Supporting women in higher education is crucial to this mission because it serves as a key pathway to economic security and upward mobility.

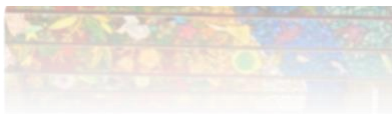
We believe that higher education is a key driver to achieving economic prosperity



We believe economies thrive when all women are empowered and educated

We believe in equitable access to higher education that is diverse and inclusive, and free of harassment and discrimination that could hinder the advancement of women

We believe women deserve the opportunity to pursue and thrive in any career they choose



We believe working women deserve equitable access and advancement in their careers, free from harassment and discrimination, with equity of pay, greater access to quality & affordable dependent

care, paid family, medical, & sick leave, and a full range of reproductive health care services, to ensure economic security

We believe in the dignity of all women – inclusive of the backgrounds they represent, including race, ethnicity, age, socioeconomic status, religious beliefs, disability, gender identity and sexual orientation, and geographic location – and value their equitable participation in education, the workforce, and policy decisions

We empower potential.

EDITOR'S CORNER

See information missing from this newsletter? An error? Any aspect of this newsletter that has made you so unhappy you want to throw marshmallows

at my feet? If so, reach out to me for corrections. My intent it to make this newsletter enjoyable to read and promote AAUW mission.



Deadline for submissions: 2nd Thursday of the month. My intent is to distribute the newsletter on the 1st of each month. Reminder: The later items are sent in for the newsletter, the later it goes out! 😊

Got submissions for the newsletter? Please send directly to me
kanderson06@live.com



Have a better than good day! 😊

Kim Renay Anderson
Manuscript Editor

Virginia Beach Branch Board

July 1, 2025 - June 30, 2026

Elected Officers

President	Sally Daniel	swdaniel01@gmail.com	757-495-4349
Vice President	Dana Henning	danahenning0@gmail.com	401-662-6613
Program VP	Carole Szetela	karolka@verizon.net	757-681-4191
Co-VPs for Membership	Jeanette Olson	Olsonje@verizon.net	757-663-8527
	Maria Kronenburg	makronstats@gmail.com	757-650-7112
Secretary	Kathleen Stasulis	stasuliss@hotmail.com	757-576-5485
Finance Officer	Tammie Mullins-Rice	tammieaauw@gmail.com	757-630-7097

Appointed Positions

AAUW Funds			
College-University Chair	Barbara Woodlee	barbarawoodlee@gmail.com	207-649-9711
Community Outreach Coordinators			
Pennies for Prescriptions Fundraiser	Toni Lohman	tlohman@verizon.net	757-636-5230
Reach	Chris Medlin	cmedlin8491@gmail.com	757-361-5826
Diversity, Inclusion, Equity	Maria Kronenberg	makronstats@gmail.com	(757) 650-7112
Public Policy	Sandra Brandt	brandt@theelectivegroup.com	757-288-9558
Newsletter Editor	Kim Anderson	kanderson06@live.com	c:917-579-7439. h:202-507-8003

