

SANDSCRIPT



MAKING WAVES TO EMPOWER WOMEN AND GIRLS IN VIRGINIA BEACH

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Save the date



February Branch Meeting

Wednesday, February 16, 2022

7:00 pm VIA ZOOM

CLICK the word
ZOOM to join

Does it feel as if we haven't met as a group in a really l-o-n-g time? First, we had to abandon our in-person meetings when COVID made its appearance (this is now officially called "pivoting"). Then, in both December and January, we met on Saturday mornings.

Although we are still confined to our Zoom Room, we are returning to our 3rd Wednesday evening of the month schedule for the rest of the year. Mark your calendars! I really miss seeing your faces when you don't come.



To acknowledge how hard the pivoting has been, we are spending our time together in February to talk about US. Yes, this meeting is all about self-care (another buzz word brought to us by the pandemic). What are ways we can make ourselves happier in a somewhat unhappy world? So, if you have felt a little overwhelmed, a little sad, a little isolated or a little mad, you'll want to join us on February 16. In fact, if you know of others who may feel these feelings, invite them to join us on Zoom.

We've asked **Janice Zimmerman LCSW-C, CEAP** to lead our discussion. She has been the Employee Assistance Program (EAP) Counselor for Baltimore County Public Schools for the last 15 years. Janice provides services and programming aimed at self-care and wellness of both staff and their families of Baltimore County Public Schools. She believes in a holistic approach to wellness including these areas of wellness: physical, social, mental health/emotional, spiritual, cognitive, and financial. Janice provides short-term counseling in her role as the EAP counselor. She serves as the temporary Employee Wellness representative too.

Janice is also involved with AAUW--she serves as the Co-President of the Baltimore Branch of AAUW—also known as The College Club. It is one of the oldest AAUW branches.

She believes that all of us have been impacted by the COVID-19 pandemic and that the need for self-care has never been greater.



Providing women and girls waves of support in Virginia Beach

PRESIDENT'S MESSAGE

Are you feeling a little bored this winter? If so, look at the following list of activities that can surely keep you busy.

1. Voting on the AAUW art contest begins on February 2, 2022, so look at the submissions and vote.
2. Review the proposed changes to the AAUW bylaws to be voted on in the spring when we elect members to the national board of directors.
3. Look at AAUW's diversity, equity, and inclusion (DEI) toolkit or sign up to attend upcoming DEI webinars.
4. Peruse the national and state websites to catch up on any recorded webinars you may have missed. I would recommend watching the talks on Critical Race Theory and Creating Inclusive Spaces.
5. Mark your calendar with the dates of our state conference. Check your email for the dates, locations, prices, and the deadline for registration.
6. Spend some time considering the friends or family members you know who may be interested in joining AAUW. Reach out to these people and invite them to a meeting.
7. Give some thought to volunteering for a board position. We are always in need of additional assistance, and your time will be greatly appreciated.

Until we meet again, please stay safe and warm.

Jeanette

Searching for Linda Todd Scholarship Applicants

Now is the time for members of the Virginia Beach AAUW Branch to share application information with potential applicants and organizations to award the \$1,000 Linda Todd Scholarship(s) to advance the education of women. Women who apply should meet the following criteria:

- Resident of Virginia Beach
- At least 23 years old
- Currently enrolled in an **undergraduate** program in Hampton Roads
- Completed a minimum of 15 credit hours at an accredited 2- or 4-year institution
- Returned to school after a lapse in time
- Minimum GPA of 3.0

Qualified applicants may find application information and apply online at <https://virginiabeach-va.aauw.net/scholarship/>. Online or mailed applications are due on **April 15, 2022**.

Scholarship applicants may also contact Linda Love, Scholarship Chair, at aauwofvb@cox.net if they have questions about the application process (applicants should mention "scholarship" in the subject line of their email). Thank you for helping us find remarkable women who need our support.

Linda Love, Scholarship Chair

Members Matter

How did you like that snow last month? We live up Little Neck Road and had a good four to five inches! The mailman didn't even reach Kathleen's home on Saturday. What ever happened to "through sleet and snow and dark of night..."? Luckily, our Saturday AAUW meeting was via Zoom so we had no trouble connecting with AAUW sisters across the state. It was a great program and you can still see it because it was recorded. Here's the link if you would like to view it.

<https://youtu.be/1HYFDV2XYRc>

This is a great time to join AAUW and get a discount too. The Shape the Future membership campaign is a tool that branches can use to recruit members. With this campaign, branches can offer 50% off national dues when prospective members join AAUW at an event or meeting. Branches also earn one free national membership for every two new members they recruit, with a maximum of three free memberships annually. During the year, with a random pick from our roster, an existing member will receive that free national membership.

Do you have a friend that Zooms? Give her a call and see if she would like to Zoom with us. Sally D is providing us with great speakers so you can continue to invite your friends and acquaintances to our meetings. They will just need to Zoom in. Look on page one of the SandScript for the word Zoom and click it.

We hope you will join the bandwagon to help grow our membership. AAUW VB offers something for everyone: fun, friends, education, and most of all...



Making Waves to Empower Women and Girls in Virginia Beach

Membership VP's: Sally Pattison-Cisna and Kathleen Stasulis

Celebrations

Happy Birthday to:

Jacque Dessino
Toni Lohman
Neola Waller
Martha Sorenson

February 1
February 13
February 14
February 22



Public Policy Priorities

AAUW-VA has identified several legislative priorities for 2022. Susan Burk and Denise Murden, Public Policy Co-Chairs, are preparing actionable fact sheets/issue papers on these topics for distribution to our members to support lobbying efforts. These priorities are as follows:

1. Paid Family and Medical Leave (PFML). Senator Jennifer Boysko again has introduced a bill (SB 1) to establish a PFML program in Virginia. The bill has been referred to the Senate Committee on Commerce and Labor. AAUW-VA remains allied with the Campaign for a Family Friendly Economy on this issue. Additionally, Senator Barbara Favola has introduced a bill to establish paid family leave as a class of insurance (SB 15). This also has been referred to the Senate Committee on Commerce and Labor.
2. Paid Sick Days. AAUW-VA is continuing to work with the Coalition of Virginians for Paid Sick Leave. We understand there are several bills being developed in both the Senate and the House. We plan to support all of them.
3. Sexual Harassment in the Workplace. We will have more direction shortly concerning this issue.
4. Holding the Line on Voter Access. As of January 5, 2022, we had identified 12 bills introduced that primarily address voter identification and absentee voting (including eliminating no excuse absentee voting). We anticipate more bills in this regard. Senator Mamie Locke has introduced a constitutional amendment (SB 21) to address the voting rights of “returning citizens.” Passage of this bill for a second time is required to permit it to move to the voters, who must approve any Amendment to the Virginia Constitution.
5. Public Education /Vouchers. We expect there will be measures on the table as part of the budget discussion. Two members of AAUW-VA Board of Directors are researching charter school issues in Virginia and will keep us informed. AAUW has positions to guide our lobbying efforts, including a statement on vouchers at <https://www.aauw.org/resources/policy/position-vouchers/>
6. Childcare. We hope to have more information for you soon.

There are many opportunities to lobby and engage. Please let me know if you wish more information.

Barbara Woodlee

ZOOM MEETING LINK with ID and PASSCODE (Just in case) 😊

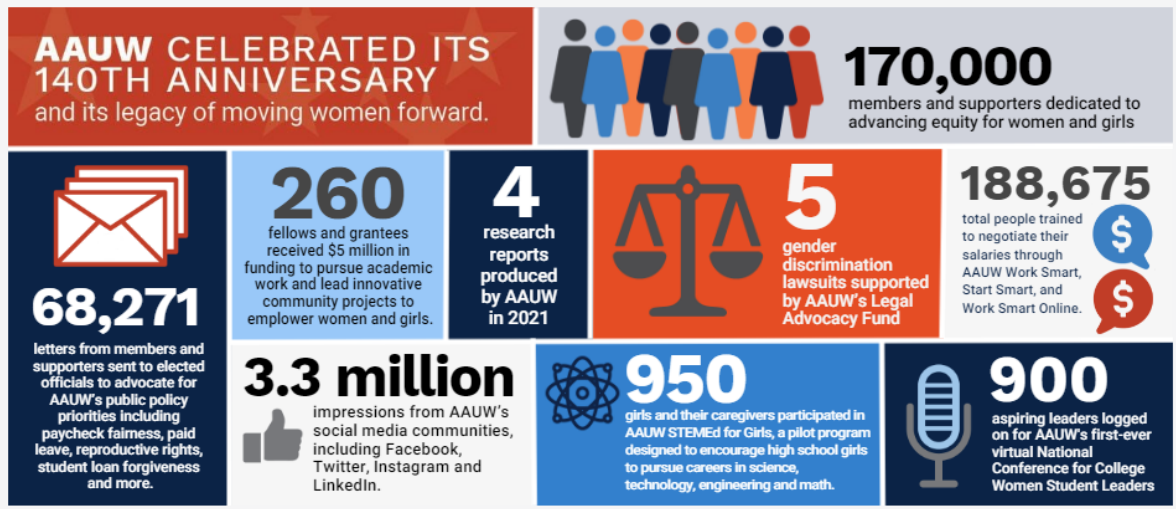
Zoom <https://us02web.zoom.us/j/88906573456?pwd=NSsrMUpnNHVnMGgvVzhhWUowMnEwZz09>

This should take you straight to our meeting, but sometimes (this is a mystery), Zoom will ask for this information:

Meeting ID: 889 0657 3456

Passcode: 859842

By the Numbers 2021



"2021 By the Numbers Final." Infogram, <https://infogram.com/1p9gk7079vmlrpb72pd2wqnp27h31rvlxz7>.

AUTOBELL GIFT CARDS 2021-2022

UGHHHH! Ice and salt and your car make a great yukky and a good reason to wash your car! Each gift card costs **\$20.00**. **\$10.00**, or half of your purchase, supports the **AAUW National Greatest Needs Fund** which provides unrestricted funding to unleash unrestricted possibilities for women and girls. Our Autobell sales contribute to our branch earning Five Star status. Use your gift card towards any type of car wash. Autobell gift cards do not expire. We have 48 cards to sell.

<https://www.aauw.org/resources/member/governance-tools/state-branch/how-to-support-aauw-through-fundraising/>

Every Car Wash includes the following. Upgrades do more.

- Interior vacuum of carpets and seats
- Exterior wash including wheels
- Dash, door panel, and console wiped down
- Interior window cleaning
- Hand-dried



Use at any Virginia location:

<https://www.autobell.com/find-your-carwash>

- Chesapeake: 1547 Ring Road
- Chesapeake: 4010 Portsmouth Boulevard
- Chesapeake: 3245 Western Branch Blvd.
- Chesapeake: 411 N. Armistead Avenue
- Chesapeake: 608 Pavilion Drive
- Newport News: 13698 Warwick Blvd.
- Norfolk: 5840 E. Virginia Beach Blvd.
- Sterling: 45665 Shepard Drive
- Virginia Beach: 528 First Colonial Road,
- Virginia Beach: 1060 Independence Drive
- Virginia Beach: 3557 Holland Road
- Williamsburg: 336 2nd Street
- Yorktown: 100 Pine Street

To purchase your gift card(s), email Sally P/ pattisonsj@gmail.com with your name & address, and how many cards you would like, then mail your check to Tammie Rice at 1010 Barnacle Court, Virginia Beach, VA, 23451. Please write the check to AAUW Virginia Beach and write Autobell in the check's memo line. Sally P will mail your Autobell gift card(s) to you as soon as Tammie receives your payment.



Thanks, Ladies, for your deliveries, pick-ups, cups of tea, and good chats and, especially, your kind gifts of reading for at risk children. Moreover, AAUW VB’s REACH project is real time empowerment in AAUW’s mission to not only equalize opportunities in education but, also, encourage diversity, equality, and inclusion. You provided 29 books for at risk children who, most likely, have fewer opportunities to own their own books, especially about children or authors who look like them.

REACH visits domestic abuse shelters to read stories for the children and for every visit, leave each child a book. Your book is on its way to these children!

So far, this year AAUW VB has donated 29 books. 23 of which met our request for books written about or by persons who are black, brown, or indigenous. Thank-you for your time and expense donating these books

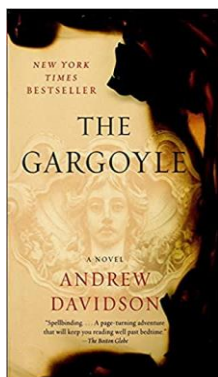
We welcome your ongoing contributions. Choose your best delivery method:

- Order and have delivered to Sally Pattison-Cisna, 649 E. Coral Key, Virginia Beach, VA, 23452
- Buy and contact Sally P to pick-up 757.274,8527/pattisonsj@gmail.com
- Deliver to Sally P’s home: 649 E. Coral Key, Virginia Beach, VA, 23452

When can you help?

“A book, too, can be a star, living fire to lighten the darkness leading out into the expanding universe.”
Madeline L’Engle

Bookaroos

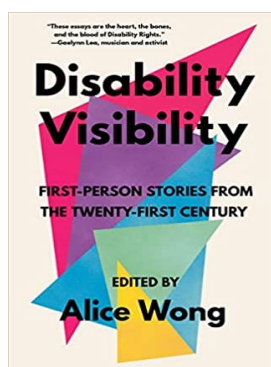


AAUW VB Breakfast
Bookaroos meet

Tuesday, March 1,
2022, 9 am at POP’s

2808 Sabre St, Virginia
Beach, VA 23452

Adalante



Come, join us, your AAUW VB
Adelante Book Club! We will be on
Zoom again while the new COVID
strain slows down.

Let us know if you would like to join us
on **February 17th at 7pm**. Email Sally
P. at pattisonsj@gmail.com or call at
757.374.8527.

The Linda Todd Scholarship

For Women Returning to College

The Linda Todd Scholarship honors a member of the Virginia Beach Branch of AAUW. She provided 18 years of outstanding service to the branch's scholarship program.

The Virginia Beach Branch of AAUW will award scholarships up to

\$1,000

and has awarded

59 scholarships,

totaling nearly

\$33,000

in previous years.

Now
accepting
applications



APPLY ONLINE <https://virginiabeach-va.aauw.net>

Applications accepted through **April 15, 2022**

SCHOLARSHIP CRITERIA

Must be a woman who

- Is currently enrolled in an undergraduate program in Hampton Roads
- Has completed a minimum of 15 credit hours at an accredited two- or four-year institution
- Is at least 23 years old
- Is a resident of Virginia Beach
- Has returned to school after a lapse in time
- Has a minimum GPA of 3.0



The American Association of University Women (AAUW) advances equity for women and girls through advocacy, education, philanthropy, and research. AAUW has been empowering women as individuals and as a community since 1881.

Meeting Follow-ups

Earlier this year, **Judy Welp** spoke to us about the efforts to have the Virginia Legislature address legalizing medical aid in dying for Virginians. This is a follow-up for this talk for your information (this does not mean that AAUW supports or is opposed to this effort):

- For the first time Bills have been introduced in both the Virginia House and Senate seeking to legalize medical aid in dying for Virginians. (**HB 1095 Virginia Compassion and Choices Act** and **SB 668 Death With Dignity Act**). The language in both bills is very similar.
- Medical aid in dying is a medical practice in which a terminally ill, mentally competent adult with a prognosis of 6 months or less to live is allowed to request and receive medication from their medical provider to end their pain and suffering in a compassionate way at the time and place of their choosing.
- A 2020 Wason Center for Civic Leadership poll shows that 7 in 10 Virginians support Medical Aid in Dying legislation. The poll also shows majority support across age, gender, education level, political affiliation, and religion.
- Attached is a link to a document with facts about medical aid in dying, a summary of the bill and a summary of the Wason Center data:
<https://drive.google.com/file/d/16wvsWgph7BDkiI3ud2lcBQpT4Tf75aH6/view?usp=sharing>

If you would like to bring this right of self determination at the end of life to our state, please contact your Delegate and Senator and urge them to support HB1095 and SB 668. You can use the following link to identify your Senator and Delegate <https://whosmy.viriniageneralassembly.gov>.

If you would like more information, please contact compassionchoicesvmail@gmail.com

Zoom calls in January:

Did you miss one of the two Zoom calls sponsored by AAUW in January? If so, you missed the opportunity to learn about two interrelated topics that are on everyone's mind right now: Critical Race Theory and Creating Inclusionary Spaces.

My big take-away from the January 18th meeting on CRT was that perhaps the fear of this subject is just a misunderstanding of the word "critical". CRT does NOT CRITICIZE people based on race. Instead, it means that we need to study history by using a variety of academic disciplines (economic, sociological, etc.) to understand how and why things happened. When we look at our history this way, we can understand the fullness of our history and see that our history is a story of hope and survival.

The January 22 meeting was eye-opening for me as I have grappled with why we are not a diverse group. I learned that there is a three-part process to including folks. The first is inviting a diverse group to our table. This is diversity. The second is more action-oriented: it is inclusion. This is to give those a voice at the table. The third (and here is the hard part, maybe) is to let those newcomers feel embraced. Do they feel as if they belong? This means that some of the things "we've always done" may need to be changed. I loved the example of Spellman College who told their incoming class that everything about the college was made with Black females in mind. We can never say this—but we can make us look at how our policies and actions are experienced by those who were not at the table when we started to do them. It certainly means that each of us is in charge of trying to let newcomers feel as if they are wanted. – Sally D.

Southeast District Spring Meeting

Saturday, February 26, 2022
2:30pm - 4:00pm



We will get updates on pay equity,
economic security and voting rights
protection.

This is a Virtual Meeting on Zoom.
Please note the time change!

[Register Now](#)

<https://www.signupgenius.com/go/70A0A44AEAB2DA2FF2-southeast4t>



Speaker

Congresswoman
Elaine Luria

2nd District of Virginia

AAUW VIRGINIA BEACH BRANCH
PRESENTS

ZOOM MOVIE SISTERS

SATURDAY, FEB 19TH | 3:00 PM
ON ZOOM



Little Theatre of Virginia Beach
Fundraiser

SAVE THE DATE
APRIL 3RD @ 2:30PM



The Miss Firecracker Contest
BY BETH HENLEY

A promotional graphic for a fundraiser. The background is light blue with stylized fireworks in red and blue. In the bottom left, there is a small poster for 'The Miss Firecracker Contest' by Beth Henley, featuring a woman in a red dress and a starburst.

AAUW Virginia Beach

July 1, 2021 - June 30, 2022

POSITIONS ELECTED	OFFICERS	EMAIL	PHONE NUMBER
PRESIDENT One Year	Jeanette Olson	olsonej@verizon.net	757.427.5900
PRESIDENT ELECT One Year then to Presidency	<i>TBD</i>	-	
PROGRAM Vice President Two Years, elected in even years	Sally Daniel	swdaniel01@gmail.com	757.495.4349
MEMBERSHIP Vice Presidents Two Years, elected in odd years	Sally Pattison-Cisna	pattisonsj@gmail.com	H: 757.340.2829 C: 757.378.8527
	Kathleen Stauslis	stauslisss@hotmail.com	H: 757-486-5485 C: 757-576-5485
FINANCE OFFICER Two Years, elected in odd years	Tammie Rice	tammieaauw@gmail.com	757-630-7097
RECORDING SECRETARIES Two Years, elected in even years			
Branch Secretary			
Board Secretary			
POSITIONS APPOINTED: 2019-2020			
AAUW Funds Chair One Year			
LTVB	Carole Szetela	karolka@verizon.net	H: 757-631-1805 C: 757-681-4191
AutoBell Coupons	Sally Pattison-Cisna	pattisonsj@gmail.com	757.340.2829
Bylaws Chair One Year	Neola Waller	wallerwn1@gmail.com	757-217-2356
College/University Chair One Year	<i>TBD</i>	-	
Community Outreach Coordinator(s) One Year			
Pennies for Prescriptions			
REACH	Sally Pattison-Cisna	pattisonsj@gmail.com	H: 757.340.2829
VBCPS Food Beach Bags for At Risk Children	<i>TBD</i>	-	
VBCPS SCHOOL SUPPLIES FOR HOMELESS	Lynn Zoll	lzollpsy@gmail.com	W: 757.636.1229
Historian	Linda Todd	readertodd@cox.net	757-467-1119
Hospitality Chairs One Year		-	
Branch Hospitality	Fran Adams	Bikalot@Verizon.net	757-467-2775
Holiday Luncheon	Tammie Rice	tammieaauw@gmail.com	757-630-7097
May Luncheon	Tammie Rice	tammieaauw@gmail.com	757-630-7097
Linda Todd Scholarship Chair One Year	Linda Love	loveshacklj@hotmail.com	757.575.4555
Newsletter Editor One year	Patricia Smith	fislarsmith@hotmail.com	(H)757-646-3946
Public Policy Co-Chairs One year	Barbara Woodlee	barbarawoodlee@gmail.com	207.649.9711
Publicity/Communications Chairs One Year		-	
Outside Sources	Fran Adams	Bikalot@Verizon.net	757-467-2775
Website	Tammie Rice	tammieaauw@gmail.com	757-630-7097
Facebook			
Diversity and Inclusion Representative	Maria Kronenburg	makronstats@gmail.com	757-650-7112

Diversity Statement: *In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team, and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, and socioeconomic status.*



Providing women and girls waves of support in Virginia Beach