**APRIL 2021 VOLUME 14 ISSUE 7** 

# ANDSCRIP



#### MAKING WAVES TO EMPOWER WOMEN AND GIRLS IN VIRGINIA BEACH

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Membership Information



Linda Todd Scholarship



**Upcoming** Dates

## **April Branch Meeting (VIRTUAL)** April 21, 2021

6:30 -7:00 pm casual conversations

7:00 p.m. Meeting



https://us02web.zoom.us/j/86 099516295?pwd=RTFnZHRPQ mFZWlpwYWgvakRaQUJUUT09

by phone:

+1 301 715 8592 US

Meeting ID: 860 9951 6295

Passcode: 210738

## **Understanding and Taking Care of our Waterways**

On the night before Earth Day, what would be timelier than hearing from one of the area's most successful environmental groups? We are pleased to bring Karen Forget, the Executive Director of Lynnnhaven River NOW as our speaker.

#### **Karen Forget**

Ms. Forget, begins her biography on the LRNow website, with this: "When you grow up on an organic farm and then live on a sailboat in the Chesapeake for three years, it's only natural to become an advocate for the environment. That was only the beginning. She has a bachelor's degree from Purdue University and a master's from the College of William and Mary. Karen came to Lynnhaven River NOW after thirty years as a science teacher and Headmaster of a private school. Since 2005, she has been working full time with LRNow, first as the Education and Outreach Coordinator and since 2007 as the Executive Director. In addition to her responsibilities with LRNow, Karen serves on a variety of city and regional committees including the Virginia Beach Green Ribbon Committee, the Norfolk Environmental Commission and Virginia Beach Vision. She also serves on the Boards of Buy Fresh, Buy Local Hampton Roads and Virginia Forever. She is the President of the Virginia Conservation Network Board and was a Virginia Natural Resources Leadership Institute Fellow in 2012. She has four sons and five grandchildren.

Find out More about Lynnhaven River NOW later in this newsletter!!!!



#### PRESIDENT'S MESSAGE

It's the time of year for membership renewal, and I am sure you have received an email with the notification. Your continued membership means a lot to our branch as we work through the difficulties of meeting during Covid-19. The requirements for continuing to hold our five-star status this coming year are unknown, but I imagine the retention of our membership will play a part. While your membership helps support all the great work that AAUW does for the advancement of women, it's also nice to know that membership comes with discounts and perks. Check out the AAUW national website for offer details from the following companies:

GEICO
LTC Global (long-term care insurance)
Nationwide Pet Insurance
Hotel Engine
Collette Tours
Cruises Only
TNT Vacations
Dollar and Thrifty Car Rental
UPS
Office Depot/Office Max
Constant Contact
IE University

As we are not meeting in person, I want to assure you that if you have a desire to volunteer for a board position, we would be overjoyed. We are looking for someone to volunteer to be secretary or president-elect (positions which were vacant this year). Also, if you are willing to volunteer for any other board position, we would be interested in hearing from you.

Jeanette Olson

#### **Words of Wisdom:**

Each time a woman stands up for herself without knowing it, possibly without claiming it, she stands up for all women.

~ Maya Angelou

Celebrate with our APRIL Birthday!

# Happy Birthday to:

HERTA OKONKWO APRIL 16



#### **MEMBERS MATTER**

Step back in time to our April Tea Party 2019 to celebrate the renewal of earth *AND* the time to renew our commitment to AAUW by paying our dues for the new year. We had real teacups, tea, lemon, honey, scones, cakes, and savory treats...yum. We had hats for all who had already renewed and remembered our past work and fun enjoying being an AAUW VB sister. Well, this year is clearly different...so brew some tea or other favorite beverage at home, ...and raise your cup to another year of membership.



Tea-up **to renew your membership** for our July 1, 2021-June 30, 2022 year. As of March 16th, national dues increased to \$62. Adding state dues/\$15 and branch dues/\$14 our total for this year's membership to **\$91.00**. Please, feel greatly appreciated if you have already renewed.

In March you received an email from Tammie, our finance officer, with a personal link to join with a credit card. There are **two other ways to renew** your membership this year:

**CHECK**: Make your check to AAUW Virginia Beach for \$91. Mail it to our Finance Officer, Tammie Mullins Rice, 1010 Barnacle Court, Virginia Beach, VA, 23451. In the memo line, please, write FY22 Membership Renewal.

**ONLINE:** log into the AAUW National Membership Database:

https://ww3.aauw.org/login/?redirect\_to=/aauw\_redirect/wp\_redirect\_msd.php. Check the menu for your personal page and pay with your credit card to purchase your new year's membership.

Good news! We have a **new member, Marissa Rice**. Marissa is Tammie's daughter, a postdoctoral student at Cornell...and has already hosted our first Zoom Movie Sister Watch Party! We are truly pleased Marissa is a member of our branch. Here is her email: <a href="marked-marke

#### FEBRUARY PROGRAM FOLLOW UP

When My Time Comes, a collection of compelling interviews, chronicles award-winning journalist Diane Rehm's gripping conversations with legislators, advocates, clinicians, the clergy, terminally ill patients and critics of medical aid in dying.

The film introduces viewers to Diane's own story of her husband John's Parkinson's disease and decision to voluntarily stop eating and drinking (VSED) in 2014 to end his debilitating suffering. What followed was Diane's direct involvement in the end-of-life care movement and, specifically, the pursuit to pass medical aid-in-dying legislation not only in her neighboring state of Maryland (she lives in Washington, D.C.), but in several other jurisdictions across the country.

Rehm asked everyone she interviewed — approximately 50 people — what they think would be a good death. "And the surprise for me," she says, "was that whether you were on one side or the other side, everybody, every single person, wanted the same thing: They wanted to die at home, peacefully, with friends and relatives by their side.

<u>When My Time Comes</u> will be released on PBS stations nationwide in April. Check your local listings for details. WHRO will air the film starting April 11 at 8pm.

#### LINDA TODD SCHOLARSHIP

Our 2021 American Association of University Women (AAUW) Virginia Beach Branch - **Linda Todd Scholarship** application is now live at <a href="https://virginiabeach-va.aauw.net/scholarship/">https://virginiabeach-va.aauw.net/scholarship/</a>. Please share this scholarship information with contacts in Hampton Roads who may forward to eligible candidates.



empowering women as individuals and as a community since 1881

Scholarship Name	2021 American Association of University Women (AAUW) Virginia Beach Branch – <b>Linda Todd Scholarship</b>				
Amount	\$1,000				
Eligibility	This scholarship is offered to advance the education of women. Applicants should meet the following criteria:				
	<ul> <li>Resident of Virginia</li> <li>Beach</li> </ul>				
	<ul> <li>At least 23 years old</li> <li>Currently enrolled in an undergraduate program in Hampton Roads</li> </ul>				
	Completed a minimum of 15 credit hours at an accredited 2- or 4-year institution				
	<ul> <li>Returned to school after a lapse in time</li> <li>Minimum GPA of 3.0</li> </ul>				
	Minimum GPA of 3.0				
Deadline	April 15, 2021				
Application	https://virginiabeach- va.aauw.net/scholarship/				
Contact	Linda Love at <u>aauwofvb@cox.net</u> (Please mention <i>Scholarship</i> in subject line.)				

## **Upcoming Events**

April 21, 2021 7:00 Branch Meeting
April 28, 2021 6:30 Board Meeting
May 19, 2021 7:00 Branch Meeting
May 26, 2021 6:30 Board Meeting

AAUW Virginia Beach Newsletter: Sandscript April 2021



**March's Branch Meeting** 

### Three Take-Aways from the State Conference

I attended all of the state conference except for the very beginning and very end. I thought it was an exceptional conference with outstanding speakers, more than ever before, that number made possible by having the conference on Zoom. But three speakers, especially, gave me things to remember.

- 1. AAUW chief executive officer Kim Churches presented an overview of what AAUW national has been working on and achieved and an update on national priorities for 2021. She then entertained questions from the audience.
- Programs are embodying equity
- AAUW will celebrate its 140<sup>th</sup> anniversary in November
- Dr. Yolanda Sealey-Ruiz is the new STEM chair
- More than 400 college women are registered for NCCWSL to be held virtually May 25-26
- the MSD will be replaced in September with a form to be easier to use
- In AAUW, 23 branches (Virginia Beach is one) and one state (Virginia) have earned the 5-Star award. In the coming year, the branches will not lose their 5 Stars but will strengthen them
- Opening membership--she discussed the mission and relativity, AAUW name, educational focus and community and commonality. The national election will be held online April 7-May 17. There will be a bylaws amendment to open membership to all with no requirement for an associate or college degree. (Many of us are opposed to it, but Kim sounded very convincing. Watch for email notices about it.)
- 2. Three women elected to public office in Virginia told of challenges they have faced, what unique skills they brought to governing, their successes and advice for those following in their footsteps. They were State Senator Jan Kiggans of Virginia Beach, Loudoun County Board of Supervisors Chair Phyllis J. Randall and Harrisonburg City Mayor Deanna Reed, the last two being women of color. It was interesting to hear them talk about their work as officials.
- 3. Park Ranger Brittany Webb-Lane gave a virtual trip to the Booker T. Washington National Monument. Dr. Washington was born a slave in 1856 and gained freedom when he was nine years old. He wanted an education so much that he walked from his home near Roanoke to Hampton. He paid for his college education at Hampton Institute (now Hampton University) by working as a janitor. He had a remarkable life as a renowned orator, author, educator, advisor to US Presidents and founder of Tuskegee Institute (now Tuskegee University). His book *Up from Slavery* was recommended reading.

Neola Waller

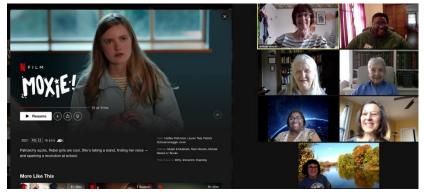
#### **Lynnhaven River NOW**

The major factor that cause the degradation of our waterways is also now our biggest strength and hope for the future: PEOPLE.

In 2002, a committed group of local citizens came together to foster partnerships that would apply public and private resources to the challenge of reducing pollution in the Lynnhaven. That core group formed the nucleus of what has grown into an award-winning river restoration project with over 8,000 members called Lynnhaven River NOW. "Now" because the work of restoring and protecting the beautiful Lynnhaven River is something that we can do NOW for ourselves and for our children and grandchildren. Over the years, their programs have grown to encompass the entire city with Pearl Homes, Pearl Businesses, Pearl Faith Communities and Pearl Schools in every watershed in Virginia Beach.

#### Their goal is clean and healthy Virginia Beach waterways by:

- Identifying and reducing sources of contamination in our waterways; reduce nutrients, sediments and chemicals running off of our lawns, parking lots, roadways, farmland and out of our septic systems.
- Educating and engaging the community and partner organizations in restoring and protecting our waterways and natural areas.
- Restoring lost habitats such as oyster reefs, salt marshes, native plants, forests, and other buffers that help to filter polluted runoff and protect our waterways and their marine life.



Our first Zoom Movie Sister Watch Party.

MOXIE! March 27. Classic Movie Sister film, Great Discussion, New hostess.

Well, why weren't YOU there!? Look at the celebrities...even our shooting star, Tammie, orbiting in from outer space just for our FIRST Zoom Movie Sisters Watch Party. Also, checkout her daughter, our newest member, Marissa enjoying her star sparkling lineage PLUS being our Zoom party host, managing our fun and asking us thoughtful questions to gather Movie Sisters' insights, observations, and experiences triggered by our watching *Moxie*. I think from the smiles on every Movie Sister face you can tell it was time worth spending. It is an amazing blend to be entertained and intellectually challenged with one event! If you missed our Zoom Party, please, do watch *Moxie* on Netflix.

Watch your email for our next Movie Sister event. We are planning one Zoom Watch Party a month. When you feel safe, another Movie Sister each month in person at the movie with a Starbucks chaser! Watch your email for our next invitation. Also, please, feel free to email Sally P /pattisonsj@gmail.com or Marissa/ mr868@cornell.edu with ideas for Movie Sisters. Remember, a film qualifies not just because it is about women but that its director(s), writer(s), and/or some producers are women. It must be a woman created...empowered...show.

#### AAUW, VIRGINIA BEACH BRANCH APPROVED FISCAL YEAR 2021- 2022 BUDGET GENERAL FUNDS, CHECKING, AND MONEY MARKET ACCOUNTS March 24, 2021

BUDGETED EXPENSES FOR 2021-2022:	Proposed	Actual
STATE/ASSOC CONVENTION	\$500.00	
STATE CONFERENCE PROGRAM BOOK AD	\$75.00	
SUMMER LEADERSHIP MEETING		
LOCAL SCHOLARSHIP FUND	\$200.00	
SCHOLARSHIP ADMINISTRATIVE FUND (May dinner		
for recipients)	\$85.00	
PROGRAMS (Gifts for speakers)	\$100.00	
INSURANCE	\$196.00	
ZOOM	\$158.00	
HOSPITALITY (Branch Meetings)	\$50.00	
HOSPITALITY (Holiday Luncheon & May Banquet)	\$150.00	
MEMBERSHIP 100	\$390.00	
Sandscript, Directory (\$10)		
Name Badges (\$60)		
Outreach (\$280)		
Printing/ Mailing Vision (\$40)		
TREASURER'S MISC. FUND	\$45.00	
PRESIDENT'S ADMINISTRATIVE FUND	\$20.00	
PRESIDENT'S DISCRETIONARY FUND	\$20.00	
PRESIDENT ELECT'S FUND (Pres.pin)	\$0.00	
HISTORIAN	\$25.00	
PUBLICITY	\$375.00	
PUBLIC POLICY	\$300.00	
MEMORIAL FUND	\$100.00	
COLLEGE LIASION FUND	\$100.00	
CONTINGENCY FUND	\$741.22	
TOTAL	\$3,630.22	
NCCWSL	\$280.00	
SCHOLARSHIP FUND	\$325.00	
STEM4Girls	\$2,680.33	
TOTAL BUDGETED EXPENSES:	\$6,915.55	

## AAUW Virginia Beach July 1, 2020 - June 30, 2021

POSITIONS ELECTED	OFFICERS	EMAIL	PHONE NUMBER
PRESIDENT One Year	Jeanette Olson	olsonej@verizon.net	757.427.5900
PRESIDENT ELECT One Year then to Presidency	TBD	Ŧ	
PROGRAM Vice President Two Years, elected in even years	Sally Daniel	swdaniel01@gmail.com	757.495.4349
MEMBERSHIP Vice Presidents	Sally Pattison-Cisna	pattisonsj@gmail.com H: 757.340.2829 C: 757.378.8527	
Two Years, elected in odd years	Kathleen Stauslis	stasulisss@hotmail.com	H: 757-486-5485 C: 757-576-5485
FINANCE OFFICER Two Years, elected in odd years	Tammie Rice	tammieaauw@gmail.com	757-630-7097
RECORDING SECRETARIES Two Years, elected in even years			
Branch Secretary			
Board Secretary			
POSITIONS APPOINTED: 2019-2020			
AAUW Funds Chair One Year			
LTVB	Carole Szetela	karolka@verizon.net	H: 757-631-1805 C: 757-681-4191
AutoBell Coupons	Sally Pattison-Cisna	pattisonsj@gmail.com	757.340.2829
Bylaws Chair One Year	Neola Waller	wallerwn1@gmail.com	757-217-2356
College/University Chair One Year	TBD	-	
Community Outreach Coordinator(s) One Year			
Pennies for Prescriptions	Toni Lohman	tlohman@verizon.net	H: 757-463-9135
REACH	Sally Pattison-Cisna	pattisonsj@gmail.com	H: 757.340.2829
VBCPS Food Beach Bags for At Risk Children	TBD	In all and the second second	W. 757 C2C 1220
VBCPS SCHOOL SUPPLIES FOR HOMELESS	Lynn Zoll Sally Pattison-Cisna	lzollpsy@gmail.com pattisonsj@gmail.com	W: 757.636.1229 H: 757.340.2829
Historian	Linda Todd	readertodd@cox.net	757-467-1119
Hospitality Chairs One Year	Linua road	-	737 107 1113
Branch Hospitality	Fran Adams	Bikalot@Verizon.net	757-467-2775
Holiday Luncheon	Tammie Rice	tammieaauw@gmail.com	757-630-7097
May Luncheon	Tammie Rice	tammieaauw@gmail.com	757-630-7097
Linda Todd Scholarship Chair One Year	Linda Love	loveshacklj@hotmail.com	757.575.4555
Newsletter Editor One year	Patricia Smith	fislarsmith@hotmail.com	(H)757-646-3946
Public Policy Co-Chairs One year	Barbara Woodlee	barbarawoodlee@gmail.com	207.649.9711
Publicity/Communications Chairs One Year		-	
Outside Sources	Fran Adams	Bikalot@Verizon.net	757-467-2775
Website	Tammie Rice	tammieaauw@gmail.com	757-630-7097
Facebook			
Diversity and Inclusion Representative	Maria Kronenburg	makronstats@gmail.com	757-650-7112

Diversity Statement: In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team, and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, and socioeconomic status.