FEBUARY 2021 VOLUME 14 ISSUE 5

# SANDSCRIPT AA Virginia Bea



### MAKING WAVES TO EMPOWER WOMEN AND GIRLS IN VIRGINIA BEACH

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President's Message

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Membership Information

**\* \* \*** 

Linda Todd Scholarship

**\* \* \*** 

SE District
Meeting Info

**\* \* \*** 

Upcoming Dates

February Branch Meeting (VIRTUAL)
February 17, 2021

6:30 chat

7:00 p.m. (meeting)



https://us02web.zoom.us/j/86 099516295?pwd=RTFnZHRPQ mFZWlpwYWgvakRaQUJUUT09

by phone:

+1 301 715 8592 US

Meeting ID: 860 9951 6295

Passcode: 210738

### Join us as we welcome Judy Welp!



The topic of our meeting this month is a different one. Although we spend many of our meetings concentrating on political issues, we decided to use this meeting to talk about an issue that each one of us will face...end-of-life decisions. As we know, women are caregivers throughout their lives and, as such, are often faced with having to make end-of-life decisions not only for themselves but also for their loved ones. Judy Welp, our speaker tonight, earned an MSW from West Virginia University and has had a career in a wide range of settings including day care, foster care, college student services and domestic violence services. Her career took a bit of a turn as she left social work and worked 23 years as an adjuster for Allstate Insurance. She likes to say she did not leave social work just took a crisis intervention position that paid better. Judy has volunteered with Compassion and Choices for a year. Her interest in this type of work built slowly with normal life experiences, but really developed after being one of the primary care givers for her sister, who died from lung cancer in 2004.

Compassion & Choices, the nation's oldest, largest, and most active nonprofit working to improve care and expand options for the end of life will offer us information on how to make these decisions. For more than 40 years C&C has sought to change attitudes, practices, and policies so that everyone can access the information and care they need to chart their end of life journey. On C&C's website, (https://www.compassionandchoices.org) you'll find a webinar series where medical, health, and end of life experts along with policy makers and storytellers talk about end of life issues; an end-of-life decision guide; and a toolkit to walk you through developing important documents like an advanced directive and hints about how to talk to your family and your doctor to assure your wishes are honored. It even has advanced directive addendums covering COVID-19 and dementia.

In addition, C&C is the leader in working to pass Right to Die legislation. Currently 9 states plus the District of Columbia have Right to Die Laws on the books. The first was passed in Oregon in 1994. All the laws are carefully scripted with very specific requirements and safeguards. They allow a mentally capable, terminally ill adult the option to request a prescription from their doctor that the person may then self-administer at the time and place of their choosing should their suffering become unbearable. Currently 17 states, including Virginia are considering this legislation.

We hope that you won't be scared off by this topic. In fact, it may be a good time to ask family members and friends to join you as we learn more about how to plan for our inevitable end-of-life issues.



Providing women and girls waves of support in Virginia Beach

### PRESIDENT'S MESSAGE

My heart swelled with joy as I watched the historic event which took place on January 20, 2021--the swearing in of the nation's first female vice president, Kamala Harris. As a woman of color, I am sure she will inspire and bring hope to a population which is too often overlooked. Janet Yellen is another woman who has broken the glass ceiling by being appointed the first female Treasury Secretary. These "firsts" are stepping stones to becoming a government where women have a seat at the table and have a voice in the decisions that will impact our lives.

We should be proud to be part of an organization that raises women up and gives them an opportunity to reach their goals. Let's continue to move onward and upward.

### Jeanette Olson



# **Two-Minute Activist**

Send emails and texts to your legislators to fight for equal pay, family leave, stopping sexual harassment, equality in education and more. Sign up to get regular alerts to be able to take timely action.



### **MEMBERS MATTER**

We hope your new year is going well!

Thanks to our Zip Queens for making personal calls inviting members to Zoom in to our meetings. We have received comments from members saying it's so nice to come home and find a welcoming message on their phone from their Zip Sister.

This is a great time to join AAUW and get a discount too. The Shape the Future membership campaign is a tool that branches can use to recruit members. With this campaign, branches can offer 50% off national dues when prospective members join AAUW at an event or meeting. Branches also earn one free national membership for every two new members they recruit, with a maximum of three free memberships annually. During the year, with a random pick from our roster, an existing member will receive that free national membership.

Do you have a friend that Zooms? Give her a call and see if she would like to Zoom with us. Sally D is providing us with great speakers so you can continue to invite your friends and acquaintances to our meetings. They will just need to Zoom in. Look on page one of the SandScript for Zoom directions and the upcoming speaker.

We hope you will join the bandwagon to help grow our membership. AAUW VB offers something for everyone: fun, friends, education, and most of all...

### Making Waves to Empower Women and Girls in Virginia Beach

Membership VP's: Sally Pattison-Cisna and Kathleen Stasulis



### CELEBRATIONS

# Happy Birthday to:



Jacque Dessino February 1
Toni Lohman February 13
Neola Waller February 14
Martha Sorenson February 22

# Autobell Fundraiser sends \$400 to AAUW National's Greatest Needs Fund...

When you supported our Autobell fundraiser you gave to AAUW National's Greatest Needs Fund. which provides unrestricted funding to help unleash unrestricted possibilities

**for women and girls.** <a href="https://www.aauw.org/resources/member/governance-tools/state-branch/how-to-support-aauw-through-fundraising/">https://www.aauw.org/resources/member/governance-tools/state-branch/how-to-support-aauw-through-fundraising/</a>.

Of course, we, also, provided the gift of our sparkling autos scooting around Virginia Beach!

We sold enough gift cards to generate \$400 to AAUW national's

Greatest Needs Fund.

THANKSI



### LINDA TODD SCHOLARSHIP

Our 2021 American Association of University Women (AAUW) Virginia Beach Branch - **Linda Todd Scholarship** application is now live at <a href="https://virginiabeach-va.aauw.net/scholarship/">https://virginiabeach-va.aauw.net/scholarship/</a>. Please share this scholarship information with contacts in Hampton Roads who may forward to eligible candidates.



Scholarship Name	2021 American Association of University Women (AAUW) Virginia Beach Branch –					
Award	Î					
Amount	\$1,000					
Eligibility	This scholarship is offered to advance the education of women. Applicants should meet the following criteria:					
	<ul> <li>Resident of Virginia Beach</li> </ul>					
	<ul> <li>At least 23 years old</li> </ul>					
	<ul> <li>Currently enrolled in an undergraduate program in Hampton Roads</li> </ul>					
	<ul> <li>Completed a minimum of 15 credit hours at an accredited 2- or 4-year institution</li> </ul>					
	Returned to school after a lapse in time					
	Minimum GPA of 3.0					
Deadline	April 15, 2021					
Application	https://virginiabeach- va.aauw.net/scholarship/					
Contact	Linda Love at <u>aauwofvb@cox.net</u> (Please mention <i>Scholarship</i> in subject line.)					

The American Association of University Women (AAUW) advances equity for women and girls through advocacy, education, philanthropy, and research. AAUW has been empowering women as individuals and as a community since 1881.



JOIN
CYNDI SHANAHAN,
AAUW OF VIRGINIA
DIVERSITY, EQUITY &
INCLUSION CHAIR
FOR AN OPEN
DISCUSSION ON
AAUW DIVERSITY,
EQUITY & INCLUSION
RESOURCES

RSVP WITH TAMMIE RICE AT TAMMIEAAUW@GMAIL.COM

# SE DISTRICT VIRTUAL MEETING

FEBRUARY 13, 2021
11AM TO 12:30PM
HAMPTON
NEWPORT NEWS
NORFOLK
PORTSMOUTH
SUFFOLK
VIRGINIA BEACH



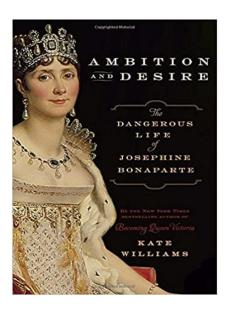
INTERESTED? RSVP HERE

### ADELANTE BOOK CLUB

Please, come meet on Zoom with AAUW VB Adelante Book Club on **March 29 at 7PM**. If you would like to come, let Sally P know: pattisonsj@gmail.com or 757.340.2829. This is our March read...

### AMBITION AND DESIRE

### The Dangerous Life of Josephine Bonaparte



A true tale of desire, heartbreak, and revolutionary turmoil, engagingly written by one of England's most praised young historians. Kate Williams's searing portrait of this alluring and complex woman will finally elevate Josephine Bonaparte to the historical prominence she deserves.





### 133 BOOKS FOR REACH

As usual, AAUW VB has come through for REACH's work with at-risk children. This holiday we focused on donating books about children or written by authors who are brown, black, or indigenous. Our hope is the at-risk children REACH gives books to, will enjoy reading stories about children or adults who look like them or read stories written by brown, black, or indigenous authors. First, we hope to help these children and secondly, we work towards AAUW's new focus on diversity, inclusion, and equality.

Our Tammie Rice, who cannot seem to do enough for AAUW VB, is, also, leader of Troop 946 of the Girl Scouts of the Colonial Coast. Her troop gave 84 books to AAUW VB to give to REACH. Thanks, Tammie and scouts!

Thanks, to all of you who left books on your porches and front steps for pick-up or delivered them to my house! As of January 28, 2021, we have 133 books for REACH. WOW. https://www.reachreads.org/.



#### Dear Tammie,

On Wednesday, January 6, our nation watched in horror as our democracy came under attack in an unlawful and violent invasion of the U.S. Capitol. As AAUW's National office is based in Washington, D.C., the personal safety of our staff and their families was at risk as armed insurgents took to the streets calling for violence toward our elected officials and the overthrow of a free and fair election.

The mob used hateful language and displayed symbols of white supremacy as they forced their way into the hallowed halls of Congress. We mourn the loss of the five individuals killed in the attack, including Capitol Police Officer Brian Sicknick, and the many others hurt.

As scary and shocking as this was, it was sadly not surprising given the incendiary speech the President gave to the rioters prior to the attack and the divisive tone he has set for years. From calling the racist protestors in Charlottesville "very fine people" to telling the Proud Boys to "stand by" in a presidential debate, President Trump has given us many warning signs.

AAUW is proud to join in solidarity with leading gender justice and equity organizations in a <u>statement</u> demanding that President Trump and his enablers be held accountable for their actions. We hope this unified message will inspire those in power to action. If you feel comfortable contacting your elected officials, we encourage you to do so.

And, as we collectively work to understand the roots of our nation's divisions, we ask you to actively engage in efforts to defeat white supremacy: Please review our new <u>Diversity</u>, <u>Equity and Inclusion toolkit</u> and plan to attend our <u>town hall webinar</u> on Tuesday, January 19 at 4 p.m. ET with AAUW Board Chair Julia Brown and the Racial and Social Justice Working Group.

As AAUW members, we all embrace our vision of equity for all, and we hold our values close to our hearts and minds. Thank you to everyone who has reached out to ensure your AAUW staff are safe in this uncertain time.

In solidarity,





## **Upcoming Events**

February 13, 2021	Southeast District Meeting - Virtual
February 17, 2021	7:00 Branch Meeting
February 24, 2021	6:30 Board Meeting
March 13-15, 2021	Virtual State Conference
March 17, 2021	7:00 Branch Meeting
March 24, 2021	6:30 Board Meeting
April 21, 2021	7:00 Branch Meeting
April 28, 2021	6:30 Board Meeting
May 19, 2021	7:00 Branch Meeting
May 26, 2021	6:30 Board Meeting

## AAUW Virginia Beach July 1, 2020 - June 30, 2021

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POSITIONS ELECTED	OFFICERS		EMAIL	PHONE NUMBER
PRESIDENT One Year	Jeanette Olson		olsonej@verizon.net	757.427.5900
PRESIDENT ELECT One Year then to Presidency	TBD		-	
PROGRAM Vice President Two Years, elected in even years	Sally Daniel		swdaniel01@gmail.com	757.495.4349
MEMBERSHIP Vice Presidents	Sally Pattison-Cisna		pattisonsj@gmail.com	H: 757.340.2829 C: 757.378.8527
Two Years, elected in odd years	Kathleen Stauslis		stasulisss@hotmail.com	H: 757-486-5485 C: 757-576-5485
FINANCE OFFICER Two Years, elected in odd years	Tammie Rice		tammieaauw@gmail.com	757-630-7097
RECORDING SECRETARIES Two Years, elected in even years				
Branch Secretary				
Board Secretary				
POSITIONS APPOINTED: 2019-2020				
AAUW Funds Chair One Year				W 757 CO. 1005
LTVB	Carole Szetela		karolka@verizon.net	H: 757-631-1805 C: 757-681-4191
AutoBell Coupons	Sally Pattison-Cisna		pattisonsj@gmail.com	757.340.2829
Bylaws Chair One Year	Neola Waller		wallerwn1@gmail.com	757-217-2356
College/University Chair One Year	TBD		-	
Community Outreach Coordinator(s) One Year				
Pennies for Prescriptions	Toni Lohman		tlohman@verizon.net	H: 757-463-9135
REACH	Sally Pattison-Cisna		pattisonsj@gmail.com	H: 757.340.2829
VBCPS Food Beach Bags for At Risk Children	TBD		_	
VBCPS SCHOOL SUPPLIES FOR HOMELESS	Lynn Zoll		lzollpsy@gmail.com	W: 757.636.1229
	Sally Pattison-Cisna		pattisonsi@gmail.com	H: 757.340.2829
Historian Hospitality Chairs One Year	Linda Todd		<u>readertodd@cox.net</u> -	757-467-1119
Branch Hospitality	Fran Adams		Bikalot@Verizon.net	757-467-2775
Holiday Luncheon	Tammie Rice		tammieaauw@gmail.com	757-630-7097
May Luncheon	Tammie Rice		tammieaauw@gmail.com	757-630-7097
Linda Todd Scholarship Chair One Year	Linda Love		loveshacklj@hotmail.com	757.575.4555
Newsletter Editor One year	Patricia Smith		fislarsmith@hotmail.com	(H)757-646-3946
Public Policy Co-Chairs One year	Barbara Woodlee		barbarawoodlee@gmail.com	207.649.9711
Publicity/Communications Chairs One Year			-	
Outside Sources	Fran Adams		Bikalot@Verizon.net	757-467-2775
Website	Tammie Rice		tammieaauw@gmail.com	757-630-7097
Facebook				
Diversity and Inclusion Representative	Maria Kronenburg		makronstats@gmail.com	757-650-7112

Diversity Statement: In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team, and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, and socioeconomic status.

