

SANDSCRIPT



MAKING WAVES TO EMPOWER WOMEN AND GIRLS IN VIRGINIA BEACH

In this issue:

President's
Message



Membership
Information



Linda Todd
Scholarship
Fund Info



Little Theatre
Fundraiser



Autobell



Upcoming
dates

October Branch Meeting
October 16, 2019
6:30 p.m. (social)
7:00 p.m. (meeting)

Join us as we welcome Nikki McCray



Nikki McCray is entering her third season as the head coach of the ODU Lady Monarchs basketball team. Her resume is impressive. In college, she played for the ever-dominant Lady Vols (U. Tenn). After graduating, she went on to play for several WNBA teams, and was named to three WNBA All-Star teams. She has also played on two Olympic gold-medal teams. She came to the Lady Monarchs after helping to coach the South Carolina Gamecocks to a national championship.

In addition to her career on the court, McCray also created a name for herself in the realm of community service. In 1999 The Library of Congress selected Nikki McCray to be the keynote speaker for the Women's History Month Address. In 2000, McCray was hand-picked by President Bill Clinton to be made a member of the President's Council on Physical Fitness and Sports.

We welcome Coach McCray as she tells her story of how a woman has excelled in a sport that once excluded women.

LOCATION: Sentara VB Hospital Campus at 1060 First Colonial Road, Virginia Beach, VA 23454. Enter the parking lot closest to the Emergency Room. The building is separate from the hospital to the right of the ER entrance

TWO-MINUTE ACTIVIST

As a Two-Minute Activist, you will receive urgent email notices when your advocacy is needed most. We'll provide all the tools you need to call or send messages to your members of Congress, write letters to the editor for your local newspapers, contact your state legislators about pressing issues and more.



Sign up today! <http://www.aauw.org/what-we-do/public-policy/two-minute-activist/>

PRESIDENT'S MESSAGE

Do you remember that the Coca-Cola Foundation offered a \$150,000 grant to AAUW if we could train 100,000 women using the Work Smart/Start Smart program by August 2019? Not only did we meet that goal, but we exceeded it. According to Kendra Davis, AAUW Senior Vice-President of Advancement and Partnerships, more than 102,000 people have been trained using Work Smart and Start Smart. Because of the success of this program, a new application will be submitted to Coca-Cola for an additional \$500,000 to support AAUW's ongoing efforts to close the wage gap by providing women with the skills they need to negotiate starting salaries or raises. A big thank you goes out to all of you who signed up for the training or passed along the information about this opportunity to friends and family. Keep in mind that pay equity is an ongoing mission for AAUW, so continue to encourage anyone you know to take advantage of this free online opportunity for training.

Also, the importance of the November 5, 2019, elections in Virginia cannot be overstated. Please pass the word on to anyone you know who might not realize the impact of this election on the drawing of district lines next year. How Virginia votes in this mid-term election is being watched by the nation because the outcome could have an impact on the presidential election next year. Additionally, we have the ability to put people in office who will support the Equal Rights Amendment. Virginia came so close this year to passing the ERA, so with the right people in office passage should be a sure thing. Exercise your hard-earned privilege to vote. Make a date with a friend and go to the polls together.

Jeanette

Federal Lobby Day

Federal Lobby Day will be Thursday, October 17, 2019. This is an exciting opportunity for our members to join AAUW's Lobby Corps on Capitol Hill to visit congressional offices in support of AAUW public policy priorities.

Logistical details and information on the subject of our lobbying will be forthcoming much closer to the actual date and that information will be provided to you as soon as we have it.

Did you know?

You can use AAUW's GEICO Benefit to Save Money and Advance Equity for Women and Girls

Because you're a member of AAUW, you could save money and give back to advance equity! When you simply call for a quote and mention AAUW, GEICO pledges to donate to us. To discover how much you could save, you can visit <https://geico.com/org/AAUW>, call 800.368.2734, or schedule an appointment with your local agent.

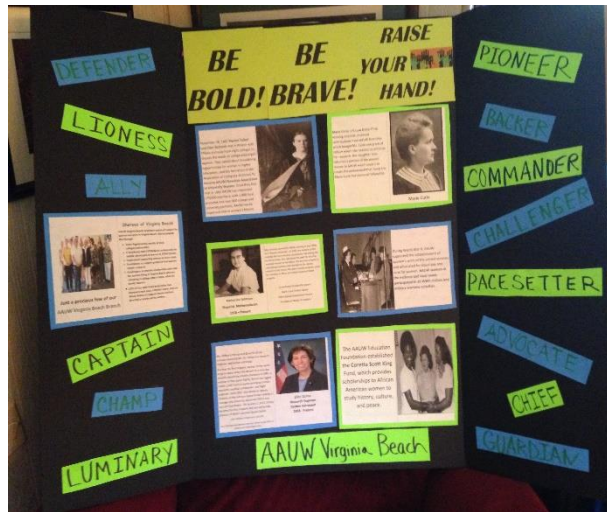


MEMBERSHIP MATTERS!

We are very happy to report that our branch is 81% renewed meaning 46 of its fifty-seven members have renewed their membership! Thanks, to each of you who have renewed your membership and, thus your commitment to empower women and girls through education, research, and advocacy. Hopefully, in the next few weeks everyone will have renewed.

If you wish to renew, dues for this year are \$88.00 (National/\$59+state/\$15+branch/\$14). To renew either mail a check payable to AAUW Virginia Beach to our Finance Officer, Tammie Mullins-Rice, 1010 Barnacle Court, Virginia Beach, VA 23451 OR renew online with a credit card at <https://www.aauw.org/membership/>. You will need your membership ID number to login to the secure site. If you do not know your ID, contact either Membership Co-VP whose contact info is at the end of this article.

Thanks, to Dottie Holtz, Jean Honick, Lorrie Ames and Sally Daniel for representing our branch at the Girl Scout event, *Be Brave, Be Bold, and Raise Your Hand!* on Saturday, September 28. These volunteers motivated girls to be bold, brave and advocate like AAUW heroines displayed on our trifold. Participants were given a "bold thought" to keep and encouraged to read it often. They, also, shared AAUW literature, provided a sign-up for women to receive our newsletter, and, of course, answered questions about AAUW and our branch. *Thanks, volunteers!*



We appreciate those of you who sent corrections and updates for our directory. An updated copy will be emailed this month.

Wish a Happy Birthday to our October Celebrants!



Kathleen Stasulis:	October 2
Carole Szetela:	October 14
Torra Jacobs:	October 18
Anne Dowd:	October 29
Susan Wagner:	October 30

AAUW Virginia Beach Membership Co-VP's

Kathleen Stasulis: stasuliss@hotmail.com or 757.486.5485
Sally Pattison-Cisna: pattisonsj@gmail.com or 757.340.2829

AAUW VIRGINIA BEACH SCHOLARSHIP FUND

Last month at the drive-thru window of my local pharmacy, I encountered Joy, my pharm tech. She recognized me from the AAUW Banquet last spring where she was honored as one of our Linda Todd Scholarship winners. Joy, a single mother, expressed her appreciation for the scholarship which is helping her pursue her Doctor of Pharmacy degree.

Our Virginia Beach AAUW Branch raises funds every year to award at least one \$500 scholarship to advance the education of women. Women who apply should meet the following criteria:

- Resident of Virginia Beach
- At least 23 years old
- Currently enrolled in an undergraduate program in Hampton Roads
- Completed a minimum of 15 credit hours at an accredited 2- or 4-year institution
- Returned to school after a lapse in time
- Minimum GPA of 3.0

At all Branch meetings this year, we will be asking for donations toward the Linda Todd Scholarship from our members and friends. Donations may be made directly to the scholarship fund using the branch donation form. The form is available on the branch's website <http://virginiabeach-va.aauw.net/>. Forms will also be available at branch meetings. For your convenience, a space for memoriam donations has been added to the form.

If you would like to join the Scholarship Team or know women who would like to apply for a scholarship, please contact Linda Love, Scholarship Chair at aauwofvb@cox.net and mention "scholarship" in the subject line. Let's raise the funds to honor remarkable women who need our support.

Linda Love
Scholarship Chair

VIRGINIA BEACH BRANCH THEATER PARTY/FUNDRAISER

Would you like to have fun and help AAUW at the same time? Then, mark your calendars for Sunday, January 26, 2020, at 2:30 pm. That's when the branch will gather for our annual fundraiser at the Little Theatre of Virginia Beach to enjoy this year's play, the comedy *Superior Donuts*.

The play focuses on the relationship between despondent Arthur Przybyszewski, a former 1960s radical who owns a rundown donut shop in Uptown Chicago, and Franco, his energetic and troubled young African American assistant, who wants to update the shop with lively music and healthy food options. Dialogue scenes are separated by soliloquies in which Arthur discusses his past and reminisces about the city as it was in his younger years.

Following the show, the branch will host a reception for our guests and the cast. I will have sign-up sheets at branch meetings beginning in November where you may indicate what you will contribute, be it appetizers or desserts (all finger food) and beverages (red or white wine, sodas, and water).

I encourage each of you to support the theater party by buying one or more tickets at \$25. Proceeds will benefit AAUW Funds where they will be used where needed the most. Let's make this the best year ever for AAUW Funds.

Neola Waller
Virginia Beach Branch AAUW Funds Chair

Southeast District Meeting: October 26, 2019

Fairway Barbecue and Grill, Newport News Golf Club
at Deer Run

The meeting begins at 10:30 AM and concludes with lunch. The Box Lunch is \$13.

Our speaker is Dr. Linda Ficht, an assistant professor of business law in the Accounting Department of the Luter School of Business at Christopher Newport University. Linda teaches an undergraduate Legal Environment of Business course as well as Conflict Resolution and Negotiations in the Later School of Business. In addition to her teaching, Linda has conducted workshops with various professional groups on salary negotiations, as well as in conflict resolution. Linda has developed a program of her own to encourage women to negotiate salaries that reflect their worth. Linda will address the pay equity issue in her remarks at the District Meeting. Please join us! Contact **Barbara Woodlee** for more information.

HOLIDAY BASKET FUNDRAISER

Once again, this year's Holiday Banquet raffle baskets will benefit the Linda Todd Scholarship Fund. We are asking branch members to donate new items for the raffle baskets for the following themes: wine, spa, chocolate, movies, kitchen, reading, and coffee & tea. Please bring the items to the October and November branch meeting. Baskets are also needed; please contact Linda Love if you have a basket.

Thanks,
Tammie Rice

EVENING BOOK CLUB

October 8

*This Time Together
Laughter and Reflection*
By Carol Burnett



Hostess-Jane
7:00 pm

Reviewer - Fran

November 12

Small Great Things
By Jodi Picoult



Hostess-Susan
4:30 pm

Reviewer - Theresa

December – Date to be determined
Holiday Get Together
Hostess-June



AUTO BELL GIFT CARD SALES BEGIN!

Support Young Women Leaders AND Shine-up Your Buggy!

Purchase Autobell gift cards to help a local college student attend

AAUW NATIONAL CONFERENCE FOR COLLEGE WOMEN STUDENT LEADERS.

<https://www.nccwsl.org/>



Each gift card is \$20.00 of which \$10.00 goes to local young women to attend NCCWSL. Use your gift card towards any car wash type. Autobell gift cards do not expire. Email Sally P/ pattisonsj@gmail.com to order and state whether you prefer we mail your gift cards(s) or deliver them at branch meetings where you can use a credit card, cash, or pay by check.



Send your check to Tammie Rice at 1010 Barnacle Court, Virginia Beach, VA, 23451. Please write Autobell in the check's memo line. You can, also, use your card to pay Tammie at our Branch meetings including our Holiday Luncheon. These make **great holiday gifts**. Wouldn't it be nice to shop early ...and empower young women to become tomorrow's leaders?!

Your purchase becomes ...

Every Car Wash includes the following. Upgrades do more.

- Interior vacuum of carpets and seats
- Exterior wash including wheels
- Dash, door panel, and console wiped down
- Interior window cleaning
- Hand-dried



Use at any Hampton Roads Location

- Chesapeake: 925 N. Battlefield Boulevard
- Chesapeake: 4010 Portsmouth Boulevard
- Chesapeake: 3245 Western Branch Boulevard
- Hampton: 1411 N. Armistead Avenue
- Newport News: 13698 Warwick Boulevard
- Norfolk: 5840 E. Virginia Beach Boulevard
- Virginia Beach: 528 First Colonial Road,
- Virginia Beach: 1060 Independence Drive

AAUW Holiday Luncheon

December 7, 2019

11:30am-2 pm

Cocktails 11:30-Noon

Lunch Noon-1:30 pm

Location

The Butcher's Son

1556 Laskin Rd Virginia Beach VA 23451

Menu

First Course: Tomato Basil

Second Course Choose One:

1/2 Steak Ruben with House Fries

Southern Fried Chicken Sandwich with House Fries

6oz Salmon with Mashed Potatoes and Chef's Vegetable

6oz Sirloin with Baked Potato and Chef's Vegetable

Vegetarian option also available

Dessert

Price: \$34 per person

Checks made payable to AAUW delivered to Tammie Rice

RSVP by November 30th

Basket Raffle

Proceeds are for the Linda Todd Scholarship Fund

1 ticket for \$1, 6 for \$5 or 20 for \$15

Contacts: Holiday Luncheon Chair

Tammie Mullins-Rice : 630-7097/ tammieaauw@gmail.com

SEPTEMBER BRANCH MEETING



AAUW Virginia Beach Nominated Slate: July 1, 2019-June 30, 2020

POSITIONS ELECTED	OFFICERS	EMAIL	PHONE NUMBER
PRESIDENT One Year	Jeanette Olsen	olsonej@verizon.net	757.427.5900
PRESIDENT ELECT One Year then to Presidency	<i>TBD</i>	-	
PROGRAM VICE PRESIDENT Two Years, elected in even years	Sally Daniel	swdaniel01@gmail.com	757.495.4349
MEMBERSHIP VP's Two Years, elected in odd years			
Co-Mmbrshp VP:	Kathleen Stauslis	stauslisss@hotmail.com	H: 757-486-5485 C: 757-576-5485
Co-Mmbrshp VP:	Sally Pattison-Cisna	pattisonsj@gmail.com	H: 757.340.2829 C: 757.378.8527
FINANCE OFFICER Two Years, elected in odd years	Tammie Rice	tammieaauw@cox.net	757-630-7097
RECORDING SECRETARIES Two Years, elected in even years			
Branch Secretary	Carole Szetela	karolka@verizon.net	H: 757-631-1805 C: 757-681-4191
Board Secretary	Louise Wild	mslouisew27@yahoo.com	H: 757-422-1948
POSITIONS APPOINTED			
AAUW Funds Chair 1yr	Neola Waller	wallerwn@wcbach.com	757-217-2356
AutoBell Coupons	Sally Pattison-Cisna	pattisonsj@gmail.com	757.340.2829
Bylaws Chair 1yr	Neola Waller	wallerwn@wcbach.com	757-217-2356
College/University Chair 1yr	<i>TBD</i>	-	
Community Outreach Coordinators 1 yr			
Pennies for Prescriptions	Toni Lohman	tlohman@verizon.net	H: 757-463-9135
REACH	Sally Pattison-Cisna	pattisonsj?@gmail.com	H: 757.340.2829
VBCPS Food Beach Bags for At Risk Children	<i>TBD</i>	-	
VBCPS SCHOOL SUPPLIES FOR HOMELESS	<i>TBD</i>	-	
Historian	Linda Todd	readertodd@cox.net	757-467-1119
Hospitality Chairs 1yr			
Branch Hospitality	Fran Adams	bikalot@cox.net	757-467-2775
Holiday Luncheon	<i>TBD: Only set-up</i>	-	
May Luncheon	<i>TBD: Only set-up</i>	-	
Linda Todd Scholarship Chair 1 yr	Linda Love	loveshacklj@hotmail.com	757.575.4555
Newsletter Editor 1 yr	Patricia Smith	fislarsmith@hotmail.com	(H)757-646-3946
Public Policy Co-Chairs 1 yr	Barbara Woodlee	barbarawoodlee@gmail.com	207.649.9711
Publicity/Communications Chairs 1yr			
Hard copy	Fran Adams	bikalot@cox.net	757-467-2775
Website	Tammie Rice	tammieaauw@cox.net	757-630-7097
Facebook	Kaitlin Lynch	kaitlinsmith89@gmail.com	757-646=3947

AAUW Virginia Beach Calendar

September 2019- May 2020

Meeting Location from September-November 2019, on third Wednesdays at the Sentara Health Education Center

Sentara VB Hospital Campus at 1060 First Colonial Road, Virginia Beach, VA 23454. Enter the parking lot closest to the Emergency Room. The building is separate from the hospital to the right of the ER entrance.

October 16 Branch at 6:30

Nikki McCray-Penson ODU Women's Basketball Coach, TN Vols player, Women's National Basketball Association

October 26 South District Meeting at 10:30 am

November 20 Branch at 6:30

Program TBA

December 7 Holiday Luncheon

at The Butcher's Son at 1556 Laskin Road in the Hilltop East Shopping Center

Saturday, January Date TBD

Program TBA

Sunday, January 26, Superior Donuts

Little Theater of Virginia Beach, 550 Barberton Dr, Virginia Beach, VA 2345

Saturday, February Date TBD

Program TBA African American History

March 18, Branch at 6:30

Program TBA / Women's History Month

April 15, Branch at 6:30

Program TBA

April 17-20, Virginia State Conference

Focus: The 19th Amendment Holiday Inn and Suites in Alexandria, Old Town You can reserve your room now!

May 20, Time TBD

Spring Banquet

Location TBA

Diversity Statement: *In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team, and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, and socioeconomic status.*