



# SandScript

**Volume 10 Issue3  
November 2016**

*Making waves to support women and girls in Virginia Beach*



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**NOVEMBER 16, 2016 PROGRAM, 6pm at the JUL**

## CRISIS INTERVENTION



Our November program deals with an issue that has caused a great deal of concern nationwide in the past year: that of police interaction with mentally ill individuals.

For several years now the Virginia Beach Police and Mental Health Departments have been in the forefront of a program to train officers to deal with persons suffering from hallucinations, delusions and other symptoms of severe mental illness.

Our speaker for the November 16 meeting will be Mary Witwer, MSW, who provides that training. Mary, with more than 25 years of experience working with persons experiencing mental health crises in Virginia Beach, is currently the supervisor of the Mental Health Department's Emergency Services unit.

In addition to her training for police officers, Mary is responsible for overseeing the unit that provides 24/7 mental health crisis intervention in our city. While she will be focusing on her work with the Police Department, I'm sure that she'll be willing to respond to questions you have about her department's other services.

I've known Mary since her graduate student days at Norfolk State. I'm sure you'll find her presentation both interesting and useful.

*Jo-Ann Clegg, VP of Programs*



## *Presidents' Ponderings....*

It's November! I always think of this as the beginning of the busiest time of the year. While digesting the last of the Halloween candy, Thanksgiving, Hanukkah and Christmas loom large. How will we get it all done? And, how can we squeeze AAUW work into our schedules?

Although I do not know if we actually need to get "all of it done," I do know that the VB Branch needs your attention, too. We're trying to "do good" in our world as well as have some fun.

We "do good" when we plan the best STEM4Girls conference ever. Sally P. Tammie, Kathleen and I have met to begin the planning process. We already have many workshop leaders and both keynote speakers. But, at the first of January we will need people to help distribute flyers to middle schools (do you live or work by one or two of them?).



We can mail them, but a personal invitation to either the counseling director or science teacher can make a difference in how girls learn about this opportunity. We could use help in soliciting donations from local businesses (for door prizes or for goodies in bags). And, we could use help in just thinking of all of those things that we are forgetting to think about!

We "do good" when we volunteer for REACH (Reading Enriches All Children), which is highlighted in this newsletter and when we bring some books to our holiday banquet.

We also "do good" when we come to our meetings to learn about important initiatives in our community.

And, don't forget that we raise money for scholarships (good to do, too) by donating items for our wonderful baskets which we auction off at our banquet. You should bring an item or two (or three, perhaps) to the November meeting so we can make full and enticing baskets.

As for fun, try out Movie Sisters or a book club or dining club. They are all there just for you.

So, take a deep breath as we head into "THE SEASON." Be sure to remember that you are a part of a great group of women who like to have fun as they "do good."

*Sally D.*



## WHRO Pet Pledge Friday: AAUW Virginia Beach Pledge Facilitators!!!



### Queens of the Airwaves

On Friday, October 21st, a group from the branch volunteered to take calls for WHRO's Pet Pledge Friday. Being old school, I thought I would be answering the phone and jotting down pledge info and passing it along. Imagine my surprise when we were given a half-hour tutorial on receiving and processing online pledges.

I'm not very computer savvy. I thought about sneaking out the back door, but then thought better of it. After many deep breaths and wonderful help from Sally P., I managed to do just fine. Everyone present seemed to enjoy the time spent.

Many thanks to our volunteers: Dana Henning, Dottie Holtz, Ginny Werner, Jo-Ann Clegg, Sally Daniel, and Sally Pattison-Cisna. WHRO reached their goal earlier than expected AND...THE DOGS WON!!

### *Marianne Stanley*

Community Outreach Co-Chair and proud mom of the goldens Charlie and Danny Boy!



**AAUW Virginia Beach REACHes out *TWICE* to help needy children READ!!!**

<http://reachreads.org/>

**REACH** is a volunteer organization that supports the literacy needs of homeless and at-risk children living in shelters throughout the Hampton Roads community in Virginia. This year REACH is being given a time **to raise donations through gift wrapping at Barnes & Noble. AAUW VB is volunteering to help.** The location is Barnes and Noble at Greenbrier Mall at 1212 Greenbrier Parkway, Chesapeake, VA 23320. Please, call or email Marianne Stanley with the shift(s) you can work.

Each shift would be for two hours for two volunteers. Choose your shift today!

Date	Shift
Tuesday, December 13	4-6pm
Thursday, December 15	4-6pm
Saturday, December 17	10am-Noon
Saturday, December 17	Noon-2pm
Saturday December 17	2-4pm

Contact Marianne with your REACH shift at either [mariannestanley@cox.net](mailto:mariannestanley@cox.net) or 757-463-9807.

Also, we invite you to bring new **books for REACH to the Holiday Banquet December 10th.**

There is a great need for Pre-K through 2nd grade books. A particular favorite is the "I Can Read" paperback series.

Leslie Clarridge, of REACH, sends her appreciation to the branch for its continued generosity.

*Marianne Stanley* , Community Outreach Co-Chair



## AAUW Holiday Luncheon

December 10, 2016

11:30am-2 pm

Cocktails 11:30-Noon

Lunch Noon-1:30 pm

### Location

Virginia Beach Resort Hotel and Conference Center  
2800 Shore Drive Virginia Beach VA 23451

### Menu

Vegetable soup

Sautéed chicken breast with wild mushroom sauce

Vegetarian Option

Mashed Yukon Gold potatoes

Chef's choice vegetable

Bakery fresh rolls with sweet cream butter

Coffee and tea

Dessert

Price: \$24 per person

Checks made payable to AAUW delivered to Tammie Rice

RSVP by December 3rd

### Basket Raffle

Proceeds are for the Linda Todd Scholarship Fund

1 ticket for \$1, 6 for \$5 or 20 for \$15

### Contacts: Holiday Luncheon Chair

Karen Perkins : 512-698-7784/ Karen\_virginia3@yahoo.com

Tammie Mullins-Rice : 630-7097/ tammieaaauw@cox.net

## LINDA TODD SCHOLARSHIP FUND

### Holiday Basket Fundraiser



Bring your basket goodies to November Branch!!!

Once again, this year's **Holiday Banquet, December 11**, includes our annual raffle baskets to build our Linda Todd Scholarship Fund.

We ask branch members to donate *new* items for the **raffle baskets with the following themes:**

Wine  
Spa,  
Chocolate,  
Movies,  
Kitchen,  
Reading,  
Coffee & Tea.

Please bring the items to the November branch meeting. Baskets are also needed; please contact Tammie Rice if you have a basket.

### Donation Form

Donations can be made directly to the scholarship fund using the branch donation form. The form is available on the branch's website and will be available at branch meetings. For your convenience, a space for memoriam donations has been added to the form. This way your donation intentions will be clear to the branch and proper notifications can be made.

**Tammie Rice** , Linda Todd Scholarship Chair



## **ANNUAL LTVB FUNDRAISER**



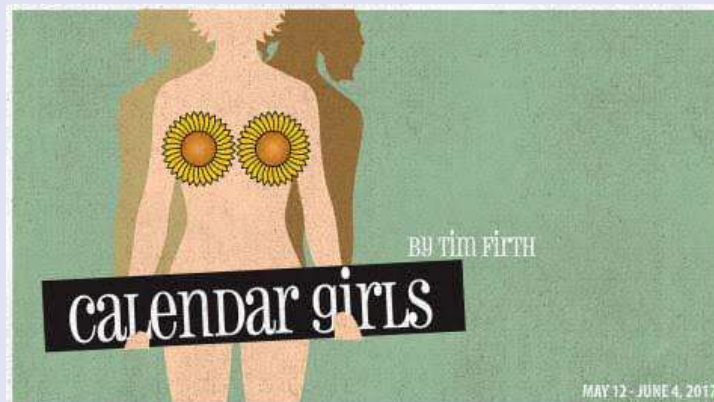
The annual Little Theater of Virginia Beach fundraiser will be a matinee performance of the comedy **Calendar Girls**. The play was adapted from the 2003 movie of the same name, starring Helen Mirren, and is based on a true story of a group of Yorkshire women who produced a nude calendar to raise money for the Leukemia Research. (Aren't you glad we are only going to ask you to purchase tickets for our fundraiser and not pose for a calendar! ;o) )

We will be going to see this play on **Sunday, May 21, 2017 at 2:30 p.m.** Tickets will be available starting at **our November meeting**. They always make great holiday gifts. If you wish, you could take several and sell them to your family, friends and co-workers, as we did with the florist and car wash coupons in the past. And we will keep with the tradition of having the branch host a reception in the theater lobby after the performance where we can mingle with our guests and the cast and crew. Branch members will provide the wine and finger food snacks – you will be asked to sign up to bring something during our winter and spring month meetings.

### **Calendar Girls**

By Tim Firth

Directed by Kay Burcher



When Annie's husband John dies of leukemia, she and best friend Chris resolve to raise money for a new settee in the local hospital waiting room. They manage to persuade four fellow WI members to pose nude with them for an "alternative" calendar, with a little help from hospital porter and amateur photographer Lawrence. The news of the women's charitable venture spreads like wildfire, and hordes of press soon descend on the small village of Knapeley in the Yorkshire Dales. The calendar is a success, but Chris and Annie's friendship is put to the test under the strain of their new-found fame.

*AAUW VB  
International Dining Group  
History and Invite!*



Virginia Beach AAUW has had an International Dining group for many years. And over the years it has changed. Originally, the group decided the cuisine. Someone (or more than one?) researched information about the country's culture to share with the rest of the group. She/they then prepared a menu, researched recipes for the chosen menu items, and assigned them to those who had reserved one or more places at the table. Guests and spouses or whomevers were always included.

Following the festivities, (and this is still how we finance the meal) the women get together after the meal. Each of us states the cost of the ingredients for whatever we brought; a few stalwarts (usually including at least JoAnn and I?? now) total up the costs; divide the total by the number of participants to find the cost of each meal. Then each of us tells how many were in our party; if self and 2, then the meal price is multiplied by 3 for the total cost to "self". If "self" spent more than that, she pays no more and is given the difference between what she spent and the total cost for her party. If she spent less than the cost to her party, what she spent is subtracted from what she owes and puts that in the pot.

Needless to say, we collect the money from the owers before paying the owed. Miraculously, it always works.

After that, we pick a date for the next event, the cuisine and where to have it. We meet and eat four times a year.

So – if we're still using the same financial plan, what has changed? We were having problems getting ourselves to produce the menus and recipes (although many of us still have the booklets that were produced for each event) and were on the point of disbanding. So we rescued ourselves by simplifying.

We no longer have one person in charge of everything. We have at least two women work with the person providing the site; one who arrives early to help set up; one who handles the logistics (sending emails regarding dates and times, what items are needed at the level of entrée, salad, wine, bread and NOT specifying recipes. The menu is implied.)

Usually we do a picnic in the summer month and usually it's inside – no ants allowed – and picnic type food. We also do something near Halloween and some of us think it's the best one – costumes and all!

We've been known to do a murder mystery also. Great fun.

While the women are handing the finances and plotting the next event, the men have been known to watch football, talk about whatever it is they talk about, and also – restore the party room to whatever it should be restored to.

All this fun and tastiness occurs between about 6:00 and 9ish.

It's great fun and everyone is welcome- come by yourself, come with someone. Just come on in!

*Connie Davis*



## AAUW National Washington News Update

November 11<sup>th</sup> *highlights:* <http://convention.aauw.org/about/>

### AAUW Cheer of the Week

In 2017, there will be [21 women](#) serving in the U.S. Senate—the highest number in history. The chamber will also feature a record number of women of color. Senators-elect Tammy Duckworth (D-IL), Catherine Cortez Masto (D-NV), and Kamala Harris (D-CA) [made history](#) by becoming the first Thai American, first Latina, and first biracial woman, respectively, to serve in the U.S. Senate.

### AAUW Jeer of the Week

The University of [New Mexico \(UNM\)](#) pays male professors more than women professors, according to the U.S. Equal Employment Opportunity Commission (EEOC). After investigating UNM earlier this year, the EEOC found a gender pay gap for professors in the university's economics, English, linguistics, and marketing departments.

### In Recognition

[Janet Reno, the first female U.S. attorney general](#), passed away on November 7. Reno served under the Clinton administration from 1993 to 2001. In 1999, she addressed the AAUW national convention in Washington, DC. In her remarks, Reno told AAUW members, "You are doing so much to improve the lives of women and girls in this country. As we face the challenges of the next century, your messages of leadership, empowerment, and the need for diversity could not be more timely or important." Her powerful words still ring true today.

[Honoring Veterans](#) AAUW recognizes Veterans Day today, November 11, to celebrate the admirable dedication of service-members to our country. Observe Veterans Day by [learning more about Elaine Harmon](#), who was a member of the Women Airforce Service Pilots (WASP). Her daughter-in-law, Linda Harmon, is the co-president of the AAUW Atlantic County (NJ) Branch and led the fight for women pilots' inurnment (*to place cremation ashes in an urn*) rights at Arlington National Cemetery earlier this year. AAUW and its members were proud to be a part of honoring these amazing women and recognizing them for the trails they blazed for generations to come.

### *The One Thing You Must Do...*

Be the first to hear AAUW's analysis of the 2016 election results during a members-only call on Wednesday, November 16. Learn more about how a new president and Congress will impact AAUW's Public Policy Program; what's in store for our 2017 advocacy efforts; and key takeaways from this historic election. [Register for this live discussion here!](#)

### *But Because You Want To Do More...*

If this election has taught us anything, it's that AAUW values and voices are needed now more than ever. Action Network is the cornerstone of AAUW's e-advocacy efforts. [By signing up](#), you will receive urgent e-mail notices to contact your elected officials on issues important to women and families. Don't forget to [invite three friends or family members](#) to sign up and make a difference today!

AAUW wants your input! We just opened the comment period for the 2017-19 AAUW proposed [Public Policy Program \(PPP\)](#). This member-approved program guides AAUW's advocacy efforts at the national, state, and local levels. The comment period opened this week and will close on December 5, so share your comments by [logging in with your member ID here!](#)

### *New Resources*

The Institute for Women's Policy Research recently published a report on high school girls and violence. The chartbook focuses on girls of color and their experiences with physical and sexual violence. Learn more about these statistics [here](#).

Want to learn more about what's going on in the states? Sign up to receive our members-only monthly newsletter [AAUW In The Statehouse](#). Find out how state ballot measures fared in 2016, and get excited for the upcoming state legislative sessions! The excited for the upcoming state legislative sessions! The next issue will be released on November 16.



Bocas del Tora

## *Greetings from Panama!*

*From our Co-Vice President Elect,*

*And 2017-2018 Co-President*

*Kaitlin Smith*



Ferry to Taboga Island

Back at the August board meeting, I shared a special announcement. I took a leave of absence from my job managing public relations for Girl Scouts of the Colonial Coast in Chesapeake and took a position with Girl Scouts of the USA to lead a three-month pilot project to build the Girl Scout program in Panama from the ground up. Although Girl Scouting was quite popular here during the days of the Canal Zone, membership numbers dropped over the years. By the time I arrived, there were zero Girl Scouts registered in Panama. My job, along with one colleague, is to get the program started again for American girls living here.

It is hard to believe that I've been in Panama for two months now. I'm all settled in to an apartment in downtown Panama City, just a 20-minute walk from the Pacific Ocean. I've come a long way from the culture shock I experienced during my first few days here. I've mastered the metro, learned the intricacies of grocery shopping and sampled all sorts of new foods. I've even become confident speaking the Spanish I spent years studying in college. But, there is at least one thing I don't think I'll ever become accustomed to—the humidity!

Of course, I spend my most of my days working. I've attended meetings at the United States Embassy to learn about the best ways to get in touch with expat families, hosted events to recruit Girl Scouts, trained new volunteers and made plenty of cold calls. Interestingly, the Facebook ad campaign that I launched turned out to be the most successful way to reach out to potential members.

I've also made the most of my free time to explore Panama. I've cruised down the Panama Canal on a boat to visit Monkey Island, visited an island in the Pacific and hiked up Ancon Hill, the highest point in Panama City. On my most recent adventure, during the holidays here in Panama, I flew to the western part of the country and spent a few days in the mountains of Boquete, followed by two days in the Caribbean in the Bocas del Toro archipelago. Zip lining, horseback riding and snorkeling were all part of the fun.



Zip lining in Boquete



Panama Canal

With just about four weeks left in this beautiful country, I still have plenty of adventures in store. I'll be back home just before the holidays, ready to jump back into all of the great things we have planned for AAUW in 2017!

## AAUW Virginia Beach Book Club Schedules...

and Invitations to YOU!!!



*"A book is a device to ignite the imagination."* –Alan Bennett

### Holiday Book Club Potluck

If you are a member of one of AAUW VB's Book Clubs you are invited to our annual Holiday Potluck this **December 13<sup>th</sup>** at **6:30**. Linda Todd invites us to celebrate our fellowship and good reads in her home!



Don your holiday antlers and skate on over with your holiday dish to **1124 Kittery Drive, 23464**. To RSVP or ask questions please call Linda at **757.467.1119** or email her at [readertodd@cox.net](mailto:readertodd@cox.net).

### Adelante Book Club

The Adelante book group meets at 7pm the fourth Thursday of odd months, September through May, at member's homes. We discuss books chosen from the AAUW's Adelante Book of the Month Club list. For more

information, contact Dana Henning at [danahenning0@gmail.com](mailto:danahenning0@gmail.com). AAUW National Adelante booklist of women centric books: <http://www.aauw.org/files/2016/05/Adelante-Book-List-1998-Present.pdf>

Date & Time	Book	Author	Hostess
November 17 7 pm	<i>The Round House: A Novel</i>	Louise Erdrich	Dana Henning
January 26 7 pm	<i>The Woman who changed her Brain: And Other Inspiring Stories of Pioneering Brain Transformation</i>	Barbara Arrowsmith- Young and Norman Doidge, M.D.	Marianne Stanley
March 23 7 pm	<i>Sugar's Life in the Hood: The Story of a Former Welfare Mother</i>	Tracy Ehlers and Sugar Turner Bachrach	Ginny Werner
May 25 7 pm	<i>Quilting the Black-Eyed Pea: Poems and Not Quite Poems</i>	Nikki Giovanni	Sally Pattison-Cisna

## Morning Book Club

Once a month we get up early and hie ourselves off to a restaurant to discuss a book we have previously selected. The restaurants vary from month to month, and we are always open to finding ones we haven't visited previously. The only requirements are that the place is reasonably quiet (so we can liven it up), serves good food at a reasonable price, and we can get to it.

We have selected the books to be read from now through next June. Any member who wanted to do so named one or more books and we, literally, drew the winners out of not a hat, but ...

This auspicious event takes place on the 1st Thursday of every month at 7:30 a.m. September-November and 8am January-March except when it doesn't because we have to change it for some reason, such as a holiday.

We don't meet in December. Instead, we get together with all the AAUW Virginia Beach book groups for a pot-luck dinner at someone's house.

Come join us!

*Connie Davis*

[connidavis@cox.net](mailto:connidavis@cox.net)

Date & Time	Book	Author	Place
December TBA	<i>No book – holiday party</i>		TBA
January 5, 2017 8 am	<i>Sapiens</i>	Dr. Yuval Noah Harari	Pop's Diner
February 2 8am	<i>Tribe</i>	Sebastian Junger	Sandfiddler

March 2 8am	<i>Without Reservations</i>	Alice Steinbach	Mary's
April 6 8 am	<i>A Dog's Purpose</i>	W. Brice Cameron	Early Bird Café
May 4 8am	<i>God Help the Child</i>	Toni Morrison	Classic Diner
June 1 8am	<i>Hunting Season</i>	Mirita Ojito	Dish

## Evening Book Club

As the fall season gets underway, the AAUW Evening book Group will resume its second Tuesdays at 7:00pm monthly get togethers. All are welcome to join in the lively conversation and to enjoy the tasty desserts. For more information, please contact Mary DeLaney at 481-1046 or email [msdelan@aol.com](mailto:msdelan@aol.com).

Date & Time	Book	Author	Place
January 10, 2017	individual biographies		Louise Wild
February 14, 2017	<i>King Peggy, An American Secretary, Her Royal Destiny, and the Inspiring Story of How She Changed an African Village</i>	Peggielene Bartels & Eleanor Herman	

# AAUW Virginia Beach October 2016-May 2017 Calendar

*This is our proposed calendar subject to change. Hope you are marking these on your calendar! This does not include book club, dining group, or movie sister schedules, most of which are listed earlier here.*



*All locations are in Virginia Beach unless otherwise indicated.*

Wednesday November 16 6:00 pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
Wednesday November 30 6:30 pm	Board Meeting at Our Lady of Perpetual Help	4560 Princess Anne Road 23462
Saturday December 10 11:30am-2pm	Holiday Banquet & Branch Meeting at Virginia Beach Resort Hotel and Conference Center	2800 Shore Dr Virginia Beach, VA 23451
Saturday, January 28 1-4:30 pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
Saturday February 18 9:30am-1pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
Saturday, March 4 11am-2pm	AAUW VA SE District Meeting	Richmond, VA Venue TBA
Saturday, March 11 8:30am-4:30pm	STEM4Girls TCC Advanced Technology Center	1700 College Crescent Virginia Beach, VA 23453
Saturday, March 25 1-4:30 pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
Saturday, April 22 1-4:30 pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
Wednesday May 17, Time TBA/Evening	May Banquet	TBA
Sunday, May 21 2:30 pm	Little Theater of Virginia Beach <i>Calendar Girls</i>	550 Barberton Drive Virginia Beach, VA 23451
June 14-17, 2017	AAUW National Convention	Washington, DC Venue TBA



## AAUW Virginia Beach Board

*Your ideas appreciated!*  
 Join us 4<sup>th</sup> Wednesdays usually at 6:30  
 at Our Lady of Perpetual Help



POSITION	NAME	EMAIL	PHONE
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