



# SandScript

**Volume 10 Issue 2**  
**October 2016**

*Making waves to support women and girls in Virginia Beach*



In this issue:

October Branch  
Meeting 1

October President's  
Ponderings 2

Scout Ready &  
AAUW VB 3

GOTV Events 3

Linda Todd  
Scholarship News 4

STEM4Girls 2017 5

Charting the Course  
6  
Holiday Luncheon 7

Community  
Outreach 8

Cookie Monster 8

October Dining  
Group 9

Book Clubs 10-11

Calendar 12

AAUW VB Board  
13-14



## **Find out what the massage business has to do with Human Trafficking!**

*Be aware of this tragic practice abusing women and girls  
at our AAUW Virginia Beach October Branch Meeting.*

Dawn M. Hogue, graduate of the Cayce/Reilly® School of Massage, has been in the healing arts profession for 20 years. She currently serves as the School Director where she oversees all day-to-day operations, activities and staff supervision.

Ms Hogue's presentation will bring awareness to the issue of human sex trafficking - a form of modern slavery. She will share common signs to identify fake massage businesses in the community and provide referrals for reporting suspected fake massage businesses. Dawn will share resources to support victims and eradicate this form of organized crime that involves sophisticated smuggling networks across state and international lines.

States agencies do regulate the practice of therapeutic massage but holes remain between agencies. Actions can be taken within the regulatory process that could help interrupt and prevent this criminal process and support the global humanitarian effort to end human sex trafficking.

**October 19, 2016 6pm at TCC Joint Use Library**  
**1700 College Crescent, Virginia Beach, VA 23453**



## *The President's Ponderings* *October 2016*



It was a dark and stormy night (I've always wanted to begin a story with this)—but some intrepid AAUW members made it to the JUL for the September meeting. I thank all of those who braved the storm (and understand that many couldn't even get out of their neighborhoods that night). The speaker was dynamic and informative...and I thank our program co-chairs (Jo-Ann and Rachel) for arranging such a great presenter! I cannot wait to experience the programs this year. They've set the bar pretty high!!!!

Board members have also met to plan other Virginia Beach activities. This small, but incredibly innovative and dedicated group, has put much thought in both our short- and long-term goals. For example, we believe that growth in membership should be a key push for the Branch this year. We've talked about this before, of course. But, what can we **do** to accomplish this?

Our first step is to get our name out to the public. How many times have you had to explain what the AAUW is? And, did you feel good about your explanation? We have started this year with a booth at a Scout-sponsored program at Pembroke Mall (read about it in this newsletter). We created a display board with facts about the AAUW. Many people came by and asked questions about the organization. We handed out our brochures. And we had several requests for newsletters. But what else can we do?

Can we host "bring a friend to a meeting" and then make sure that we tailor the activity of the meeting to giving some information about our organization? Can we make brochures that entice people to "check us out?" Can we work on our "elevator speeches" that clearly and concisely tell what we do? If you have any ideas, please bring them to me or any member of the Board.

We've started this year with a bang. We held 12 Get Out The Vote registration tables and we have participated in the Scout program. Tammie has organized a Paint and Sip Party to benefit our local scholarships. And, Marianne has organized 5-6 members to answer the phones for WHRO on "Pet Pledge Friday" (October 21 from 2:30 – 7:00). Since we have 5 members working, we'll get a "shout out" on the radio! I hope that all members will support all of the upcoming events (if you give to WHRO, do it during our time and mention that you, too, are an AAUW member!) We are also starting to work on this year's STEM4Girls conference. We had the first meeting of the planning committee and we need volunteers to plan this event!

I am proud of what our branch has done so far this year. But, we have lots more work and fun ahead of us. Many hands make light work. Find a way to share your talents with your AAUW family!

*Sally Daniel*

## SCOUT READY EXHIBITION

### *Sparked with AAUW Virginia Beach Women*

Girl Scouts of the Colonial Coast and Boy Scouts hosted Scout Ready, a JOIN US event on Saturday, September 17 from 10 a.m. to 2 p.m. at Pembroke Mall in Virginia Beach. Scout Ready was a day of free fun for families! AAUW VB was invited to host a table to recruit and spark awareness of AAUW's mission and local activities.

Our President Sally Daniel created a trifold exhibit which was attractively displayed on our table. The trifold gave an amazing amount of information about AAUW national and local. It included a poster entitled *79 Examples of How Women are Still Treated Unequally*. Each example was enumerated on the poster. Sally D. made our exhibit interactive with a basket of strips of paper with questions to answer IF you wanted a piece of candy!!! Accordingly young women, boys and girls searched our trifold for the answer to their questions! Air Heads were clearly the favored candy with Sally making a few runs to replenish our treasury of sweets.

Ten women asked for us to send them meeting notifications and *SandScript*. They were sent September *SandScript* that night. Moreover, seventy "Save the Date" cards for 2017 STEM4Girls, also designed by Sally D, were picked up by potential participants! Twenty-three women took home our AAUW Virginia Beach trifold brimming with AAUW information including our next branch meeting date.



Sally Daniel, Jo-Ann Clegg, and Sally Pattison-Cisna worked the event. It was fun...and potentially a key to bringing some new local ladies to our meetings.



**2016**  
**AAUW Virginia Beach**  
**GETS OUT THE VOTE!**



AAUW and the AAUW Action Fund It's My Vote: I Will Be Heard campaigns harness the power of AAUW members to register and turn out millennial women voters nationwide at a time when, research shows, young women are less likely to vote. AAUW Virginia Beach answered the challenge by holding voter registration drives at two of our local colleges where millennial women could register to vote.

Our AAUW staffed 12 Voter Registration Tables at eleven events at Tidewater Community College and one at Virginia Wesleyan College. We staffed these tables for over 30 hours—generally with two or three members. The result was that we registered 141 voters. It was a lot of work but most of our members think that raising the awareness of voting among the college-aged folks is important. Thanks go to everyone who participated in this endeavor. Volunteers included Carole Szetela, Lorrie Ames, Kathleen Stauslis, Maria Fornella,, our guest & Maria's friend, Alicia Fernandez Bobulinski , Mary Pat Liggio, Sally Daniel, and Sally Pattison-Cisna.

## LINDA TODD SCHOLARSHIP FUND

### Paint and Sip Fundraiser



Sunday, October 16<sup>th</sup> at 3pm, AAUW Virginia Beach members and guests, around twenty people, gathered to paint the *Sunflower and Blue Sky* with as many different approaches as we had folks. Delicious food, two sangria's, a raffle and silent auction, groovy tunes and LOTS of laughter were enjoyed by all. All painting supplies were provided. Our artist guide, Emily, expertly explained each step, guided us personally, and pointed out our unique styles. This afternoon of fellowship and fun supported the Linda Todd Scholarship Fund. The event was held at the Rosemont Road Boys and Girls Club in Virginia Beach. This was truly a fun(d)-raiser. We made over \$727.50. WOW.

### Holiday Basket Fundraiser

Once again, this year's **Holiday Banquet** raffle baskets will benefit the Linda Todd Scholarship Fund. We are asking branch members to donate new items for the *raffle baskets for the following themes: wine, spa, chocolate, movies, kitchen, reading, and coffee & tea*. Please bring the items to the November branch meeting. Baskets are also needed; please contact Tammie Rice if you have a basket.

### Donation Form

Donations can be made directly to the scholarship fund using the branch donation form. The form is available on the branch's website <http://virginiabeach-va.aauw.net/>. Forms will, also, be available at branch meetings. For your convenience, a space for memoriam donations has been added to the form. This way your donation intentions will be clear to the branch and proper notifications can be made.

*Tammie Rice*

Linda Todd Scholarship Chair



...with **your** energy,  
creativity, and  
commitment....

***AAUW VB***  
***will create***  
**STEM4Girls**  
**2017!!!**  
***Volunteer Now!***

For the past three years, the Virginia Beach Branch has co-sponsored a day of hands-on STEM activities for middle school girls (and their parents/significant adults) with Tidewater Community College. This year, we will host this conference on Saturday, March 11, 2017. TCC offers us the venue and money for lunches. AAUW-VB finds women working in STEM fields to be our hands-on leaders and keynote address speakers. We plan who will be in which room and what time. We publicize the event with the local middle schools. We design T-shirts and then order them. We ask local businesses to support us financially. And, we round up volunteers from local branches to “run the show.”

This sounds like a lot of work, doesn't it? Well, it is. But, we've done it for three years, so many of the contacts have already been made. And, I have found that working on this committee has brought me incredibly close to other committee members. We are a fun group and have fun doing this organizing. We eat well (the two Sallys have already agreed to make sure that dinner will be served at all of our meetings), laugh often, and get the job done. At the end of the conference, we are exhausted...but we are gratified. The girls love it as do the parents. We know that we have made an impact on the lives of these girls. Not all of them will want a career in a STEM field, but all of them know that there was a group of women who cared enough about them to make this possible.

Enjoy what many of you made happen: STEM4Girls 2016!



Registration 2016...Busy!



Everyone in TCC auditorium



**BRAAAAAAIIIIINNNNSSSS! Workshop**  
presented by Marissa Rice, our own  
Tammie Rice's daughter.

## LET'S TRANSFORM THE VIRGINIA BEACH BRANCH



*We share a commitment to help women and girls reach their highest goals, and I thank you for your support of AAUW. Since 1881, AAUW has made it our mission to remove the obstacles that stand in women's way. And over the decades, AAUW members have seen some encouraging changes. We can feel proud of our progress.*

*But our work is far from finished. Women still face significant barriers to full equality and inclusion. On a daily basis injustices still threaten women's success on campus, in the boardroom, and in the courtroom.*

*That's why AAUW has launched the Charting the Course campaign with a goal of raising \$1 million in unrestricted funds over a two year period. One aspect of this campaign is an opportunity for each branch to become a Branch Navigator. To reach this designation, 10 or more individual members make gifts or pledges to Charting the Course totaling \$25,000.*

*Virginia Beach is well on its way to becoming the fourth Branch Navigator, because eight members have already donated or pledged \$22,000\_*

*To be a part of this, you must complete a pledge form by December 31, 2016. All donations to Charting the Course are tax deductible because AAUW is a 501(c)(3) organization. Payments may be made in installments or one large amount, as long as they are completed by mid-June 2017.*

*My promise to have pledge forms at the September meeting was thwarted by the flooding in Virginia Beach. I will be at the October meeting with the forms. (It won't flood two months in a row, will it?)*

*Won't you join this campaign and help the Virginia Beach Branch become a Navigator Branch?*

*One gift is powerful.*

*Many are transformative.*

*Neola Waller, Charting the Course, National Tri-chair*



## Community Outreach



AAUW VB is volunteering for the **WHRO Radio Pledge Drive on Pet Pledge Friday, October 21<sup>st</sup> from 2:30-7:00**. WHRO will mention our branch on-air while we literally “answer the call” of folks wanting to pledge. Our volunteers will be Jo-Ann Clegg, Sally Daniel, Alice Forrest, Dana Henning, Dottie Holtz, Sally Pattison-Cisna, and Marianne Stanley. If you call to pledge, please, mention you are an AAUW Virginia Beach member.

Also, **REACH...Reading Enriches All Children**...is in this year’s outreach plans. I have not yet heard back from the Volunteer Coordinator with specifics, but our branch will continue with **book donations at the banquet in December and also gift wrapping for the holidays**. I requested time slots in the Town Center Barnes & Noble this year. More information to come!

*Marianne*

AAUW VB Community Outreach Co-Chair

[mariannestanley@cox.net](mailto:mariannestanley@cox.net)

## The Cookie Monster Calls!

We all enjoy Meet and Greet time at our meetings, and that’s thanks to you. As Chair of “snacks” this year I would encourage you to volunteer once a year to sign up to bring one of these. We have these categories:

-Small bottles of water – this works so much better than a pitcher and cups.

-Drinks - such as bottled tea, Arnold Palmer, sodas-not very popular.



*Sweet* – cookies, brownies, lemon bars, Girl Scout cookies, grapes.

*Savory* - cheese and crackers, hummus, nut mixture, pretzels

Cups, plates and napkins will be provided. Think in terms of 25 people.

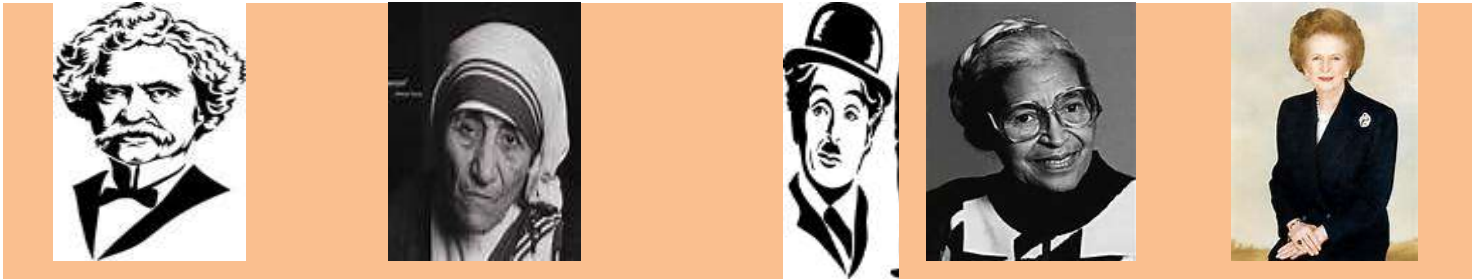
Here’s one fun way to volunteer – sign up during your birthday month!

We’ll have sign-up sheets at meetings or you can contact me at [Bikalot@Verizon.net](mailto:Bikalot@Verizon.net).

Thanks,

*Fran Adams*

# October Dining Group... Guess Who?



Hey there,

Dining group is scheduled for Saturday October 22<sup>nd</sup> at the Clegg's starting at 6:00. The Clegg's are at the Harbour Gate Condominium near the Lesner Bridge at 3300 Ocean Shore Avenue, Virginia Beach, VA, 23451.

Louise Wild suggested dressing as a famous person and the rest of us try to identify who you are.

*Costumes are encouraged!*

With our new format we are each encouraged to be creative with our dishes on our own. There are many Halloween/Fall recipes on the internet to inspire you -

So please sign up for one of these: the sooner you sign up the more assured you are of getting your choice! (Some choices have already been taken – these are needed). So far we have about 15 people coming so there's room for lots more !

Appetizer	2	Bread	1
Salads	1	Starch pot/rice	2
Vegetable	1	Main - meat/fish	2
		Soft Drinks	1

BTW – if you are bringing appetizers or wine – be there early!

Hope to hear from you SOON at [Bikalot@Verizon.net](mailto:Bikalot@Verizon.net).



*Fran Adams*



# AAUW VIRGINIA BEACH

## BOOK CLUB ANNOUNCEMENTS



*"In a good book the best is between the lines." Swedish Proverb*

### Adelante Book Club

The Adelante book group meets at 7pm the fourth Thursday of odd months, September through May, at member's homes. We discuss books chosen from the AAUW's Adelante Book of the Month Club list. For more information, contact Dana Henning at [danahenning0@gmail.com](mailto:danahenning0@gmail.com). AAUW National Adelante booklist of women centric books: <http://www.aauw.org/files/2016/05/Adelante-Book-List-1998-Present.pdf>

Date & Time	Book	Author	Hostess
November 17 7 pm	<i>The Round House: A Novel</i>	Louise Erdrich	Dana Henning
January 26 7 pm	<i>The Woman who changed her Brain: And Other Inspiring Stories of Pioneering Brain Transformation</i>	Barbara Arrowsmith- Young and Norman Doidge, M.D.	Marianne Stanley
March 23 7 pm	<i>Sugar's Life in the Hood: The Story of a Former Welfare Mother</i>	Tracy Ehlers and Sugar Turner Bachrach	Ginny Werner
May 25 7 pm	<i>Quilting the Black-Eyed Pea: Poems and Not Quite Poems</i>	Nikki Giovanni	Sally Pattison-Cisna

### Morning Book Club

Once a month we get up early and hie ourselves off to a restaurant to discuss a book we have previously selected. The restaurants vary from month to month, and we are always open to finding ones we haven't visited previously. The only requirements are that the place is reasonably quiet (so we can liven it up), serves good food at a reasonable price, and we can get to it.

We have selected the books to be read from now through next June. Any member who wanted to do so named one or more books and we, literally, drew the winners out of not a hat, but ...

This auspicious event takes place on the 1st Thursday of every month at 7:30 a.m. September-November and 8am January-March except when it doesn't because we have to change it for some reason, such as a holiday.

We don't meet In December. Instead, we get together with all the AAUW Virginia Beach book groups for a pot-luck dinner at someone's house.

Come join us!

*Connie Davis*

[connidavis@cox.net](mailto:connidavis@cox.net)

Date & Time	Book	Author	Place
November 3 7:30 am	<i>The High Mountains of Portugal</i>	Yann Martel	Dish
December TBA	<i>No book – holiday party</i>		TBA
January 5, 2017 8 am	<i>Sapiens</i>	Dr. Yuval Noah Harari	Pop's Diner
February 2 8am	<i>Tribe</i>	Sebastian Junger	Sandfiddler
March 2 8am	<i>Without Reservations</i>	Alice Steinbach	Mary's
April 6 8 am	<i>A Dog's Purpose</i>	W. Brice Cameron	Early Bird Café
May 4 8am	<i>God Help the Child</i>	Toni Morrison	Classic Diner
June 1 8am	<i>Hunting Season</i>	Mirita Ojito	Dish

## Evening Book Club

As the fall season gets underway, the AAUW Evening book Group will resume its second Tuesdays at 7:00pm monthly get togethers. All are welcome to join in the lively conversation and to enjoy the tasty desserts. For more information, please contact Mary DeLaney at 481-1046 or email [msdelan@aol.com](mailto:msdelan@aol.com).

Date & Time	Book	Author	Hostess
September 13 7 pm	<i>A Spool of Blue Thread</i>	Ann Tyler	Susan Wagner
October 11 7 pm	<i>A Paris Apartment</i>	Michelle Gable	Ann Rowan
November 8 7 pm	<i>Rebecca</i>	Daphne de Maurier	TBA

# AAUW Virginia Beach October 2016-May 2017 Calendar

*This is our proposed calendar subject to change. Hope you are marking these on your calendar! This does not include book club, dining group, or movie sister schedules, most of which are listed earlier here.*



*All locations are in Virginia Beach unless otherwise indicated.*

October 19 6:00 pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
October 26 6:30 pm	Board Meeting at Our Lady of Perpetual Help	4560 Princess Anne Road, 23462
October 29 Luncheon 11am-2pm	South East District Meeting Bella Italia Restaurant	1065 Laskin Rd Virginia Beach, VA, 23451 (near Hilltop)
November 16 6:00 pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
November 30 6:30 pm	Board Meeting at Our Lady of Perpetual Help	4560 Princess Anne Road 23462
December 10 6:30pm	Holiday Banquet & Branch Meeting at Virginia Beach Resort Hotel and Conference Center	2800 Shore Dr Virginia Beach, VA 23451
January 28 1-4:30 pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
February 18 9:30am-1pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
February 25 Luncheon Time TBA	South East District Meeting Place TBA	TBA
March 11 8:30am-4:30pm	STEM4Girls TCC Advanced Technology Center	
March 25 1-4:30 pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
April 22 1-4:30 pm	Branch Meeting at TCC JUL/Joint Use Library	1700 College Crescent Virginia Beach, VA 23453
May 17 Time TBA	May Banquet	TBA

**AAUW Virginia Beach Board**

*Your ideas appreciated!*  
*Join us the 4<sup>th</sup> Wednesday, 6:30,*  
*Our Lady of Perpetual Help*



POSITION	NAME	EMAIL	PHONE
President	Sally Daniel	<a href="mailto:swdaniel01@gmail.com">swdaniel01@gmail.com</a>	757.822.7554
Co-President Elects			
	Kaitlyn Smith	<a href="mailto:kaitlins@gsccl.org">kaitlins@gsccl.org</a>	757-646.3947
	Marcy Germanotta	<a href="mailto:marcyg@gsccl.org">marcyg@gsccl.org</a>	H:757.560.4110 W:757.549.0836
Co-Program Vice Presidents			
	Rachel Alvidrez	<a href="mailto:rachelalvidrez@yahoo.com">rachelalvidrez@yahoo.com</a>	H: 757.839.5978 W: 757.457.7173
	Jo-Ann Clegg	<a href="mailto:joannclegg@aol.com">joannclegg@aol.com</a>	757. 481.1731
Co-Membership Vice Presidents			
	Theresa Nock	<a href="mailto:theresanock@howardhanna.com">theresanock@howardhanna.com</a>	757-718-7948
	Carole Szetela	<a href="mailto:karolka@verizon.net">karolka@verizon.net</a>	H: 757. 631.1805 C: 757.681.4191
Finance Officer	Tammie Rice	<a href="mailto:tmrice@obicihcf.org">tmrice@obicihcf.org</a>	757-630-7097
Recording Secretary of Branch	Louise Wild	<a href="mailto:mslouisew27@yahoo.com">mslouisew27@yahoo.com</a>	757-422-1948
Recording Secretary of the Board	We need you!		
AAUW Funds Chair	Ginny Werner	<a href="mailto:ginny.werner@whro.org">ginny.werner@whro.org</a>	757-623-2345
College/University Relations Chair	Yuying Shen	<a href="mailto:yshen@nsu.edu">yshen@nsu.edu</a>	757-463-4926
Bylaws Chair	Neola Waller	<a href="mailto:wallerwn1@gmail.com">wallerwn1@gmail.com</a>	757-217-2356
Community Outreach Co-Chairs			
	Dottie Holtz	<a href="mailto:dottieholtz@gmail.com">dottieholtz@gmail.com</a>	757.460.2440
	Marianne Stanley	<a href="mailto:mariannestanley@cox.net">mariannestanley@cox.net</a>	757.463.9807
Historian	Linda Todd	<a href="mailto:readertodd@cox.net">readertodd@cox.net</a>	757-467-1119
		<a href="mailto:pattisonsj@gmail.com">pattisonsj@gmail.com</a>	H: 757.340.2829

Newsletter Editor	Sally Pattison-Cisna with Lorrie Ames		
Public Policy Co-Chairs			
	Mary Pat Liggio	<a href="mailto:mpliggio@cox.net">mpliggio@cox.net</a>	757-363-2295
	Maria Fornella	<a href="mailto:manditrienne@cox.net">manditrienne@cox.net</a>	
Publicity Co-Chairs			
Publicity Chair Hardcopies	Fran Adams	<a href="mailto:bikalot@verizon.net">bikalot@verizon.net</a>	H: 757-467-2775
Publicity Chair Website & Facebook	Tammie Rice	<a href="mailto:tmrice@obicihcf.org">tmrice@obicihcf.org</a>	757-630-7097